

NAME _____

DATE: BRIEF PSYCHIATRIC RATING SCALE

Place the number which best describes the patient's condition in the column to right of statement

NOTE: 1 Not Present; 2 Very Mild; 3 Mild; 4 Moderate; 5 Moderate/Severe; 6 Severe; 7 Extremely Severe

<u>TOPIC</u>	<u>DESCRIPTION</u>	<u>RATING</u>
1. Somatic Concern	Degree of concern over present bodily health. Rate the degree to which physical health is perceived as a problem by the patient, whether complaints have a realistic basis or not.	
2. Anxiety (Subjective)	Worry, fear or over-concern for present or future. Rate solely on the basis of verbal report of patient's own subjective experiences. Do not infer anxiety from physical signs or from neurotic defense mechanism.	
3. Emotional Withdrawal	Deficiency in relating to the interviewer and to the interview situation. Rate only the degree to which the patient gives the impression of failing to be in emotional contact with other people.	
4. Conceptual Disorganization	Degree to which the thought processes are confused, disconnected or disorganized. Rate on the basis of integration of the verbal products of the patient, do not rate on the basis of patient's subjective impression of his level of functioning.	
5. Guilt Feelings	Over-Concern or remorse for past behavior. Rate on the basis of the patient's subjective experiences of guilt as evidence by verbal report with appropriate affect, do not infer guilt feelings from depression, anxiety or neurotic defenses.	
6. Tension (Objective)	Physical and motor manifestations of tension "nervousness" and heightened activation level. Tension should be rated solely on the basis of physical signs and motor behavior and not on the basis of subjective experiences of tension reported by the patient.	
7. Mannerism and Posturing	Unusual and unnatural motor behavior, the type of motor behavior which causes certain mental patients to stand out in a crowd of normal people. Rate only abnormality of movements, do not rate simple heightened motor activity here.	
8. Grandiosity	Exaggerated self-opinion, convictions of unusual ability of powers. Rate only on the basis of patient's statements about himself or self-in-relation-to others not on the basis of his demeanor in the interview situation.	
9. Depressive Mood	Despondency in mood, sadness. Rate only degree of despondency; do not rate on the basis of inferences concerning depression based upon general retardation and somatic complaints.	
10. Hostility	Animosity, contempt, belligerence disdain for other people outside the interview situation. Rate solely on the basis of the verbal report of feelings and actions of the patient toward other, do not infer hostility from neurotic defenses, anxiety nor somatic complaints. (Rate attitude toward interviewer under "uncooperativeness")	
11. Suspiciousness	Belief (delusional or otherwise) that others have now, or have had in the past, malicious or discriminatory intent toward the patient. On the basis of verbal report, rate only those suspicious which are currently held whether they concern past or present circumstances.	
12. Hallucinatory Behavior	Perceptions without normal external stimulus correspondence. Rate only those experiences which are reported to have occurred within the last week and which are described as distinctly different from the thought and imagery process of normal people.	
13. Motor Retardation	Reduction of energy level evidenced in slowed movements. Rate on the basis of observed behavior of the patient only, do not rate on basis of patient's subjective impression of own energy level.	
14. Uncooperativeness	Evidence of resistance, unfriendliness, resentment, and lack of readiness to cooperate with the interview. Rate only on the basis of the patient's attitude and responses to the interviewer and the interview situations, do not rate on basis of reported resentment or uncooperativeness outside the interview situation.	
15. Unusual Thought Content	Unusual, odd, strange, or bizarre thought content. Rate here the degree of unusualness, not the degree of disorganization of thought process.	
16. Blunted Affect	Reduced emotional tone, apparent lack of normal feeling or involvement.	
17. Excitement	Heightened emotional tone, agitation, increased reactivity.	
18. Disorientation	Confusion or lack of proper association for person place or time.	