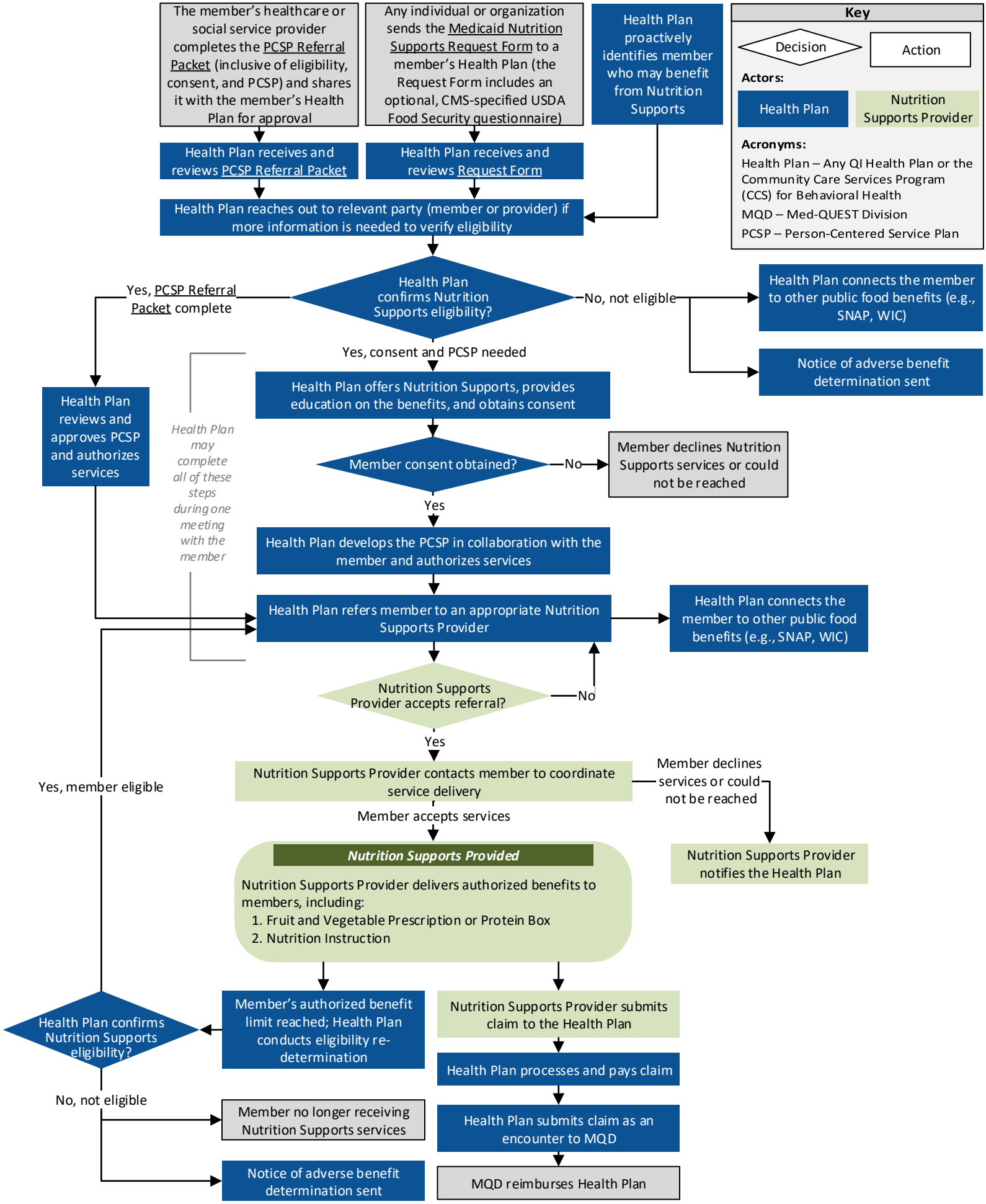Summary Nutrition Supports Process