

FINDING HELP

A Resource Directory of Services in Hawai'i



Helping Hawai'i Live Well

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Helping Hawai'i Live Well

Aloha,

Mental Health America of Hawai'i is excited to share with you the updated ***Finding Help – A Resource Directory of Services in Hawai'i***. Mental Health America of Hawai'i (MHAH), an affiliate of the renowned national organization, is a highly regarded 501(c)(3) non-profit organization serving the State of Hawai'i. For more than 80 years, MHAH has been fulfilling its mission “to promote mental health & wellness through education, advocacy, service, and access to care” through its vision of ‘mental wellness for all.’ We endeavor to reduce the shame and stigma of mental illness and improve the overall care, treatment, and empowerment of those with or at risk for mental health challenges across all stages of life in Hawai'i. Through our leadership, we've been expanding mental health awareness, preparedness, understanding, and action through trainings, education, and advocacy since 1942. We are a statewide organization with offices on the islands of O'ahu and Maui.

This July 2024 edition of our ***Finding Help – A Resource Directory of Services in Hawai'i*** would not have been possible without the monumental contribution of time and effort from our mental health partners and allies, and the generous support of the Hawai'i State Department of Health's Family Health Services Division's Pediatric Mental Health Care Access (PMHCA) Program. Over the last few weeks, MHAH reached out to our community partners to update one of the state's most comprehensive resource sets for both professionals and the public. As our programs at MHAH continue to grow, keeping this *Services Directory* updated continues to be one of our proudest achievements to date. This edition has also updated to be digital friendly, clicking the page number in the table of contents will take you straight to that page. Websites have also been updated with clickable hyperlinks.

Mahalo,



Bryan L. Talisayan
Executive Director
Mental Health America of Hawai'i

This Directory is provided to help you find community services and was prepared as completely and accurately as possible. Those seeking assistance are urged to ask each resource for complete information on the services offered. If you know of additional agencies/phone numbers/websites, corrections, or suggestions, please contact us at 808-521-1846 or email: info@mentalhealthhawaii.org.

No endorsement is implied or intended for any agency or service on this list.

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CRISIS QUICK REFERENCE

HAWAI'I STATE

Adult Protective Services			https://humanservices.hawaii.gov/ssd/home/adult-services/
	O'ahu	808-832-5115	
	East Hawai'i	808-933-8820	
	West Hawai'i	808-327-6280	
	Kaua'i	808-241-3337	
	Maui County	808-243-5151	
Child Welfare Services			https://humanservices.hawaii.gov/ssd/home/child-welfare-services/
	O'ahu Abuse or Neglect Report Line	808-832-5300	
	State-wide Abuse or Neglect	888-380-3088	
	Child Trafficking O'ahu	808-832-1999	
	Child Trafficking State-wide	888-398-1188	
Emergency - Police, Fire, EMS (if applicable, mention if it is a mental health crisis)		911	
Domestic Violence Action Center			https://domesticviolenceactioncenter.org/
	O'ahu	808-531-3771	
	State-wide	800-690-6200	
	Textline	605-956-5680	
Hawai'i CARES 24-hour Crisis Call Center		988	https://hicares.hawaii.gov/
		808-832-3100	
		800-753-6879	

NATIONAL

988 Suicide & Crisis Lifeline		988	https://988lifeline.org/
Crisis Text Line (Text ALOHA)		741-741	https://www.crisistextline.org/text-us/
National Human Trafficking 24-hr Hotline		888-373-7888	https://humantraffickinghotline.org/
	Or text	233733	
SAMHSA National Helpline 24/7 Treatment Referral		800-662-4357	https://www.samhsa.gov/find-help/national-helpline
Trans Lifeline (1PM – 9PM EST)		877-565-8860	https://translifeline.org/
The Trevor Project 24-hr LGBTQ+ Crisis Line		866-488-7386	https://www.thetrevorproject.org/get-help/
	Or text START to	678-678	

Alcohol & Drug Abuse Services

O'AHU

Action with Aloha	808-599-7508	www.actionwithaloha.com
Al-Anon Family Groups Hawaii	808-546-5647	www.al-anonhawaii.org
Alcohol & Drug Abuse Division (State Dept. of Health)	808-692-7506	health.hawaii.gov/substance-abuse/
Alcoholics Anonymous O'ahu Intergroup	808-946-1438	https://oahuaa.org/
Coalition for a Drug-Free Hawaii	808-545-3228; 800-845-1946	https://www.drugfreehawaii.org/
Habilitat (residential)	808-235-3691	https://www.habilitat.com/
Hawaii Prevention Resource Center (Coalition for a Drug Free Hawai'i)	808-545-3228 Ext. 34	www.hiprc808.org
Hina Mauka	808-236-2600	www.hinamauka.org
Ho'omau Ke Ola – Main Line	808-696-4266	www.hoomaukeola.org
Ho'omau Ke Ola – General Intake	808-696-3315	www.hoomaukeola.org
Child and Family Services (Adolescent)	808-596-8433	www.childandfamilyservice.org
Ku Aloha Ola Mau	808-538-0704	www.kualoha.com
Narcotics Anonymous (NA) Hawai'i	808-734-4357	www.na-hawaii.org
PATH Clinic (for women)	808-791-9390	www.waikikihc.org/locations/path
Salvation Army Addiction Treatment Services	808-595-6371	https://hawaii.salvationarmy.org/hawaii_2/rehabilitation
Salvation Army Family Treatment Services	808-732-2802	https://honoluluarc.salvationarmy.org/honolulu_adult_rehabilitation_center/
Sand Island Treatment Center (Kline-Welsh)	808-841-2319	www.sandisland.com

KAUA'I

Alcoholics Anonymous on Kauai	808-245-6677	www.kauaiaa.org
Narcotics Anonymous (NA) Hawai'i	808-828-1674	www.na-hawaii.org

HAWAI'I

Al-Anon Family Groups Hawaii	808-935-0971	www.al-anonhawaii.org
Big Island Substance Abuse Council – Admin	808-969-9994	www.bisac.org
Big Island Substance Abuse Council Hilo Outpatient	808-935-4927	
Big Island Substance Abuse Council West Hawaii Outpatient	808-322-3100	
Bridge House, Inc.	808-322-3305	www.bridgehousehawaii.org
East Hawaii Intergroup of Alcoholics Anonymous (AA)	808-961-6133	easthawaiiiaa.org
Ku Aloha Ola Mau - Hilo	808-961-6822	www.kualoha.com/locations/hilo
Lokahi Treatment Centers Waikoloa Office	808-883-0922	www.lokहितreatmentcenters.net

Lokahi Treatment Centers Honoka‘a Office <i>(Administrative Office Only)</i>	808-775-7707	www.lokahitreatmentcenters.net
Lokahi Treatment Centers Hilo Office	808-969-9292	www.lokahitreatmentcenters.net
Lokahi Treatment Centers Kona Office	808-331-1175	www.lokahitreatmentcenters.net
Lokahi Treatment Centers Kohala Office	808-889-5099	www.lokahitreatmentcenters.net
Lokahi Treatment Centers Pahoia Office	808-965-5535	www.lokahitreatmentcenters.net
Narcotics Anonymous (NA) Hawai‘i	808-769-6016	www.na-hawaii.org
West Hawaii Alcoholics Anonymous	808-329-1212	www.westhawaiiiaa.org

MAUI

Al-Anon Family Groups Hawaii	808-242-0296	www.al-anonhawaii.org
Alcoholics Anonymous on Maui	808-244-9673	www.aamaui.org
Aloha House, Inc.	808-579-8414	https://mbhr.org/agencies/aloha-house/
Malama Family Recovery Center	808-877-7117	https://mbhr.org/agencies/malama-family-recovery-center/
Maui Youth and Family Services, Inc. (Adolescent Services)	808-579-8414	https://mbhr.org/agencies/maui-youth-and-family-services/
Narcotics Anonymous (NA) Hawai‘i	808-214-1239	www.na-hawaii.org
Ohana Makamae	808-248-8538	www.ohanamakamae.org

MOLOKA‘I

Aloha House, Inc.	808-579-8414	https://mbhr.org/agencies/aloha-house/
Ka Hale Pomaika‘i	808-558-8480	www.kahalepomaikai.org
Maui Youth and Family Services, Inc. (Adolescent Services)	808-579-8414	myfs.org
Narcotics Anonymous (NA) Hawai‘i	808-214-1239	www.na-hawaii.org

Anger Management Services

O‘AHU

Child & Family Service	808-532-5100	www.childandfamilyservice.org
The Community Assistance Center	808-537-2917	www.cachawaii.org
Hawai‘i Counseling and Education Center, Inc.	808-254-6484	https://www.hcechawaii.com/
PACT - Family Peace Center	808-832-0855	https://pacthawaii.org
Queen’s Medical Center - Outpatient Behavioral Health Services	808-691-4401	https://www.queens.org/locations/hospitals/gmc/services/behavioral-health/anger-management/

KAUA‘I

YWCA	808-245-6362	www.ywcakauai.org
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HAWAI'I

Child and Family Service - East Hawaii Island	808-935-2188	www.childandfamilyservice.org
Child and Family Service - West Hawaii Island	808-323-2664	www.childandfamilyservice.org

MAUI

Child and Family Service	808-877-6888	www.childandfamilyservice.org
PACT - Parents And Children Together	808-244-2330	https://pacthawaii.org
Maui Mediation	808-244-5744	https://www.mauimediation.org/anger-management-training/

MOLOKA'I

Child and Family Service	808-553-5529	www.childandfamilyservice.org
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LĀNA'I

PACT - Parents And Children Together, Lanai LISS	808-565-9191	https://pacthawaii.org/
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Bereavement & Grief Support

O'AHU

Adventist Health Castle	808-263-5345	https://www.adventisthealth.org/events/ahcs-grief-support-group-ongoing/
The Compassionate Friends	808-222-6556 808-222-2729	www.compassionatefriends.org/chapter/honolulu-chapter
Hawaiian Humane Society- Pet Loss Support Group	808-356-2222	www.hawaiianhumane.org/pet-loss-support
Islands Hospice	808-550-2552	https://www.islandshospice.com/
Kids Hurt Too	808-545-5683	www.kidshurttoo.org
Malama Ola Cares	808-543-1188	https://malamaolacares.com/
Navian Hawai'i	808-924-9255	https://www.navianhawaii.org/
Samaritan Counseling Center Hawaii	808-545-2740	www.samaritancounselingcenterhawaii.org
St. Francis Hospice	808-595-7566	www.stfrancishawaii.org/services/hospice

KAUA'I

Prevent Suicide Kauai	808-651-6637	www.preventsuicidekauai.org
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HAWAI'I

The Compassionate Friends – East Hawaii Chapter	808-937-7523	www.compassionatefriendshawaii.org
Hawaii Care Choices	808-969-1733	www.hawaiicarechoices.org

MAUI

Hospice Maui	808-244-5555	www.hospicemaui.org
Island Hospice	808-856-8989	https://www.islandshospice.com/services/bereavement-services
The Spirit Horse Ranch	808-280-7070	https://thespirithorseranch.org/

MOLOKA'I

Hospice Maui	808-244-5555	www.hospicemaui.org
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Bilingual Services

STATEWIDE

Bilingual Access Line (Helping Hands Hawai'i)	808-526-9724	http://helpinghandshawaii.org/programs/bilingual-access-line/
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Brain Injury / Stroke

O'AHU

Neurotrauma Program, Department of Health	808-733-2155	https://health.hawaii.gov/nt/contact-us/
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KAUA'I

Neurotrauma Program, Department of Health	833-333-5133	https://health.hawaii.gov/nt/contact-us/
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HAWAI'I

Neurotrauma Program, Department of Health	833-333-5133	https://health.hawaii.gov/nt/contact-us/
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MAUI

Neurotrauma Supports, Department of Health	833-333-5133	https://health.hawaii.gov/nt/contact-us/
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MOLOKA'I

Neurotrauma Supports, Department of Health	833-333-5133	https://health.hawaii.gov/nt/contact-us/
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LĀNA'I

Neurotrauma Supports, Department of Health	833-333-5133	https://health.hawaii.gov/nt/contact-us/
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Case Management Assessments

STATEWIDE

State of Hawaii, Assessments and Requests for Case Management Services	808-643-2643	https://health.hawaii.gov/amhd/consumer/access/
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Case Management Providers

O'AHU

CARE Hawaii, Inc	808-533-3936	https://www.carehawaii.com/
Community Empowerment Resources – Main Line	808-942-7884	https://www.cerhawaii.org/
Hawaii Health & Harm Reduction Center	808-521-2437	www.hhhrc.org
The Institute for Human Services (IHS)	808-447-2800	www.ihshawaii.org
North Shore Mental Health	808-638-8700	https://northshorementalhealth.com/

MAUI

Maui Youth & Family Services, Inc	808-579-8414	https://mbhr.org/agencies/maui-youth-and-family-services/
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MOLOKA'I

Maui Youth & Family Services, Inc	808-579-8414	https://mbhr.org/agencies/maui-youth-and-family-services/
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Child & Adolescent Services

O'AHU

Alaka'i Na Keiki	808-523-7771	http://alakainakeiki.com/
Autism Society of Hawaii	808-342-0364	https://www.autismsocietyhi.org/
Benchmark Behavioral Health	808-454-1411	
Bobby Benson Center	808-293-7555 877-393-7555	www.bobbybenson.org
Catholic Charities Hawai'i	808-521-4357	www.catholiccharitieshawaii.org
Center for Cognitive Behavior Therapy	808-956-9559	https://psychology.manoa.hawaii.edu/ccbt/
State of Hawaii, Child and Adolescent Mental Health Division	808-733-9333	https://health.hawaii.gov/camhd/
Child and Family Service, Main Office	808-681-3500	www.childandfamilyservice.org
State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	808-832-5300	www.humanservices.hawaii.gov/ssd/home/child-welfare-services/
Family Guidance Center, Central O'ahu	808-453-5900	https://health.hawaii.gov/camhd/oahu-family-guidance-centers/
Family Guidance Center, Family Court Liaison Branch	808-266-9922	https://health.hawaii.gov/camhd/family-court-liaison-branch/
Family Guidance Center, Honolulu	808-733-9393	https://health.hawaii.gov/camhd/oahu-family-guidance-centers/
Family Guidance Center, Kaneohe	808-233-3770	https://health.hawaii.gov/camhd/oahu-family-guidance-centers/
Family Guidance Center, Leeward O'ahu	808-692-7700	https://health.hawaii.gov/camhd/oahu-family-guidance-centers/

Hale Kipa, Inc.	808-589-1829	www.halekipa.org
Hawaii Behavioral Health	808-585-1424	hibh.org
Hawaii Families as Allies	808-682-1511	www.hifamilies.org
HCAP	808-521-4531	https://www.hcapweb.org/
Hina Mauka Teen Care	808-236-2600	www.hinamauka.org/teencare
The Parent Line	808-526-1222	www.theparentline.org
PACT- Parents And Children Together Intensive Support Services	808-733-9393	https://pacthawaii.org/oahu_iss_mst/
P.A.R.E.N.T.S. Inc.	808-235-0255	www.hawaiiparents.org
PATCH- People Attentive to Children	808-839-1988	www.patchhawaii.org
Lili'uokalani Trust Malama Line	808-466-8080	www.onipaa.org
Queens Medical Center- Family Treatment Services	808-691-4221	https://www.queens.org/locations/hospitals/qmc/services/behavioral-health/family-treatment/
Salvation Army - Family Treatment Services	808-732-2802	https://hawaii.salvationarmy.org/hawaii_2/fts
SPIN- Special Parent Info Network	808-586-8126	www.spinhawaii.org
Wai'anae Coast CMHC (Hale Na'au Pono)	808-696-4211	www.wccmhc.org

KAUA'I

State of Hawaii, Child and Adolescent Mental Health Division, Kaua'i Family Guidance Center	808-247-3883	https://health.hawaii.gov/camhd/kauai-family-guidance-center/
Child and Family Service, Kaua'i	808-245-5914	www.childandfamilyservice.org
State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	888-380-3088	www.humanservices.hawaii.gov/ssd/home/child-welfare-services
Hale 'Opio Kaua'i, Inc.	808-245-2873	www.haleopio.org
Hawaii Behavioral Health	808-246-9102	https://hibh.org/
Ke Ala Pono/McKenna Recovery Center	808-246-0663	
PACT-Parents And Children Together Intensive Support Services	808-821-0574	https://pacthawaii.org
The Parent Line	800-816-1222	www.theparentline.org
PATCH- People Attentive to Children	808-246-0622	www.patchhawaii.org
Lili'uokalani Trust Malama Line	808-245-1873	www.onipaa.org
YWCA of Kaua'i	808-245-5959	https://ywcakauai.org/

HAWAII

Big Island Substance Abuse Council	808-969-9994	https://bisac.org/Youth-Services
Child and Family Service, East Hawai'i	808-935-2188	www.childandfamilyservice.org
Child and Family Service, West Hawai'i	808-323-2664	www.childandfamilyservice.org
State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	888-380-3088	www.humanservices.hawaii.gov/ssd/home/child-welfare-services

Family Guidance Center, Hilo	808-933-0610	https://health.hawaii.gov/camhd/family-guidance-centers/
Family Guidance Center, Kona	808-491-9226	https://health.hawaii.gov/camhd/family-guidance-centers/
Family Support Hawaii	808-326-7778	www.familysupporthawaii.org
Hawaii Behavioral Health - Hilo	808-935-7949	https://hibh.org/
Neighborhood Place of Kona	808-331-8777	https://npkona.org/
Neighborhood Place of Puna	808-965-5550	https://neighborhoodplaceofpuna.org/
The Parent Line	800-816-1222	www.theparentline.org
P.A.R.E.N.T.S. Inc. - Hilo	808-934-9552	www.hawaiiparents.org
P.A.R.E.N.T.S. Inc. – Ka‘u	808-333-3460	www.hawaiiparents.org
PATCH- People Attentive to Children, Hilo	808-961-3169	www.patchhawaii.org
PATCH- People Attentive to Children, Kona	808-322-3500	www.patchhawaii.org
Lili‘uokalani Trust Malama Line	808-466-8080	www.onipaa.org
The Salvation Army Family Intervention Services, Hilo	808-959-5855	https://hilo.salvationarmy.org/
The Salvation Army Family Intervention Services, Kona	808-323-8081	https://kona.salvationarmy.org/

MAUI

State of Hawaii, Child and Adolescent Mental Health, Maui (including Lāna‘i and Moloka‘i) Family Guidance Center	808-243-1252	https://health.hawaii.gov/camhd/maui-family-guidance-centers/
State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	888-380-3088	www.humanservices.hawaii.gov/ssd/home/child-welfare-services
Child and Family Service, Maui County	808-877-6888	www.childandfamilyservice.org/mauicounty
Friends of the Children’s Justice Center	808-986-8634	https://mauicjc.org/
Hawaii Behavioral Health	808-242-7294	https://hibh.org/
Imua Family Services	808-244-7467	https://imuafamily.org/
Lili‘uokalani Trust Malama Line	808-466-8080	www.onipaa.org
The Maui Farm	808-579-8271	https://www.themauifarm.org/
Maui Youth & Family Services	808-579-8414	https://mbhr.org/agencies/maui-youth-and-family-services/
Maui Youth & Family Services – Adolescent Shelter Hotline	808-579-8406	https://mbhr.org/about-maui-youth-family-services/
Neighborhood Place of Wailuku Child and Family Service	808-877-6888	www.childandfamilyservice.org/programs/neighborhoodplaceofwailuku
PACT-Parents And Children Together Intensive Support Services	808-244-2330	https://pacthawaii.org/maui_iss_mst/
The Parent Line	800-816-1222	www.theparentline.org
PATCH- People Attentive to Children, Maui	808-242-9232	https://www.patchhawaii.org/

MOLOKA'I

State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	888-380-3088	www.humanservices.hawaii.gov/ssd/home/child-welfare-services
State of Hawaii, Child and Adolescent Mental Health, Maui (including Lāna'i and Moloka'i) Family Guidance Center	808-243-1252	https://health.hawaii.gov/camhd/maui-family-guidance-centers/
Child and Family Service, Moloka'i	808-553-5529	www.childandfamilyservice.org/mauicounty
Imua Family Services at the Moloka'i Community Health Center	808-244-7467	https://imuafamily.org/
Lili'uokalani Trust Malama Line	808-466-8080	www.onipaa.org
Moloka'i Child Abuse Prevention Pathways (MCAPP)	808-660-2619	www.molokaicapp.org
Moloka'i Community Health Center	808-553-5038	https://molokaichc.org/
PATCH- People Attentive to Children, Moloka'i	808-498-4145	https://www.patchhawaii.org/

LĀNA'I

State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	888-380-3088	www.humanservices.hawaii.gov/ssd/home/child-welfare-services
State of Hawaii, Child and Adolescent Mental Health, Maui (including Lāna'i and Moloka'i) Family Guidance Center	808-243-1252	https://health.hawaii.gov/camhd/maui-family-guidance-centers/
Lāna'i Aloha House	808-579-8414	https://mbhr.org/agencies/aloha-house/
Lāna'i Youth Center	808-565-7675	www.lanaiyouthcenter.org
Lili'uokalani Trust Malama Line	808-466-8080	www.onipaa.org
The Parent Line	800-816-1222	www.theparentline.org
PACT- Parents And Children Together, Lāna'i Integrated Support Services	808-565-9191	https://www.patchhawaii.org/
PATCH- People Attentive to Children, Lāna'i	808-498-4145	https://www.patchhawaii.org/

Clubhouses

O'AHU

Diamond Head Clubhouse	808-733-9188	https://health.hawaii.gov/amhd/consumer/clubhouse/
Hale O Honolulu Clubhouse	808-832-5142	https://health.hawaii.gov/amhd/consumer/clubhouse/
Kauhale Lahilahi/Makaha Clubhouse	808-695-7920	https://health.hawaii.gov/amhd/consumer/clubhouse/
Ko'olau Clubhouse	808-233-3789	https://health.hawaii.gov/amhd/consumer/clubhouse/
Waipahu Aloha Clubhouse	808-675-0093	https://health.hawaii.gov/amhd/consumer/clubhouse/

KAUA‘I

Friendship House	808-821-4480	https://health.hawaii.gov/amhd/consumer/clubhouse/
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HAWAI‘I

Hale ‘Oluea Clubhouse	808-974-4320	https://health.hawaii.gov/amhd/consumer/clubhouse/
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Kona Paradise Clubhouse	808-327-9530	https://health.hawaii.gov/amhd/consumer/clubhouse/
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MAUI

Hale O Lanakila – Maui Clubhouse	808-984-2156	https://health.hawaii.gov/amhd/consumer/clubhouse/
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MOLOKA‘I

Hana Kalima – Moloka‘i Clubhouse	808-553-5874	https://health.hawaii.gov/amhd/consumer/clubhouse/
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Community Health Centers**O‘AHU**

Kalihi-Palama Health Center	808-848-1438	www.kphc.org
Kokua Kalihi Valley Comprehensive Family Services	808-791-9425	www.kkv.net
Ko‘olauloa Health Center	808-293-9231	https://www.koolauloachc.org/
Wahiawā Health	808-622-1618	www.wahiawahealth.org
Wai‘anae Coast Comprehensive Health Center	808-697-3300	www.wcchc.com
Waikiki Health	808-922-4787	https://waikikihc.org/
Waimanalo Health Center	808-259-7948	https://www.waimanalohealth.org/

KAUA‘I

Ho‘ola Lahui Hawai‘i, Kaua‘i Community Health Center, Kapa‘a	808-240-0170	www.hoolalahui.org
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Ho‘ola Lahui Hawai‘i, Kaua‘i Community Health Center, Waimea	808-240-0140	www.hoolalahui.org
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HAWAI‘I

Hawai‘i Island Community Health Center East	808-333-3600	https://www.hicomcommunityhealthcenter.org/
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Hawai‘i Island Community Health Center West	808-326-5629	https://www.hicomcommunityhealthcenter.org/
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Hamakua-Kohala Health Center (Hamakua-Honoka‘a)	808-775-7204	www.hamakua-health.org
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Hamakua-Kohala Health Center (Kohala-Kapa‘au)	808-889-6236	www.hamakua-health.org
Hamakua-Kohala Health Center (Laupāhoehoe Clinic)	808-747-6480	www.hamakua-health.org
Hamakua-Kohala Health Center (Waimea Clinic)	808-887-6460	www.hamakua-health.org

MAUI

Hana Health Clinic	808-248-7515	http://hanahealth.org/
Malama I Ke Ola Health Center, Main Clinic	808-872-4000 808-871-7772	https://ccmaui.org/
Malama I Ke Ola Health Center, Lahaina Satellite Clinic	808-667-7598; 808-871-7772	https://ccmaui.org/

MOLOKA‘I

Moloka‘i Community Health Center	808-553-5038	https://molokaichc.org/
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LĀNA‘I

Lāna‘i Community Health Center	808-565-6919	https://lanaihealth.org/
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Community Mental Health Centers (CMHC’s)

Community Mental Health Centers - Call ACCESS line to find out if you’re eligible for mental health services	832-3100 or 800-753-6879	https://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf
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O‘AHU

O‘ahu Community Mental Health Center Branch	808-832-5770	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
Central-Leeward O‘ahu Treatment Services Section	808-453-5950	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
Wahiawa Unit	808-621-8425	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
East Honolulu Treatment Services Section	808-733-9260	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
Makaha Unit	808-354-9123	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
West Honolulu Treatment Services Section	808-832-5800	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
Windward Treatment Services Section	808-233-3775	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf

KAUA'I

Kauai Community Mental Health Center Branch	808-274-3190	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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HAWAII

Hawaii Community Mental Health Center Branch	808-933-0409	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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East Hawaii Mental Health Clinic Section	808-974-4300	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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Honokaa Clinic	808-775-8835	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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Pahoa Clinic	808-965-2240	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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Waimea Clinic	808-885-1220	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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West Hawaii Community Mental Health Clinic Section	808-322-4818	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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Ka'u Clinic	808-939-2406	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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MAUI

Maui Community Mental Health Center Branch	808-984-2150	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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MOLOKA'I

Moloka'i Services Section	808-553-7889	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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LĀNA'I

Lanai Services Section	808-565-6189	https://health.hawaii.gov/amhd/files/2023/08/CMHC_StatewideDirectory_072023.pdf
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Consumer Advocacy Agencies

O'AHU

Aloha Independent Living Hawaii	808-799-4028	https://alohailhawaii.org/services/support-groups/
Office of Consumer Affairs, Adult Mental Health Division	808-586-4688	https://health.hawaii.gov/amhd/files/2023/08/AMHDWebsite_Directory_CAS-Admin-KH_071923.pdf
The Community Assistance Center	808-537-2917	www.cachawaii.org
Disability and Communication Access Board	808-586-8121	https://health.hawaii.gov/dcab/
Hawaii Civil Rights Commission	808-586-8636	https://labor.hawaii.gov/hcrc/
Hawaii Disability Rights Center	808-949-2922	www.hawaiidisabilityrights.org
Hawaii Families as Allies	808-682-1511	www.hifamilies.org
Hawaii State Council on Developmental Disabilities	808-586-8100	https://health.hawaii.gov/maui/developmental-disabilities-council/
Leadership in Disabilities & Achievement of Hawai'i	808-536-9684	www.ldahawaii.org
Legal Aid Society of Hawai'i – Intake Hotline	808-536-4302	www.legalaidhawaii.org
Long-Term Care Ombudsman Program	808-586-7268	https://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/
Mental Health America of Hawai'i	808-521-1846	http://mentalhealthhawaii.org/
NAMI - National Alliance on Mental Illness	808-591-1297	www.namihawaii.org
United Self-Help	808-947-5558	http://unitedselfhelp.org/

KAUA'I

Disability and Communication Access Board	808-274-3141 Ext. 6-8121#	https://health.hawaii.gov/dcab/home/contact-us/
Hawaii Civil Rights Commission	808-274-3141 Ext. 6-8636	https://labor.hawaii.gov/hcrc/
Hawaii Disability Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Hawaii Families as Allies	808-682-1511	www.hifamilies.org
Legal Aid Society of Hawai'i – Intake Hotline	800-499-4302	www.legalaidhawaii.org
United Self-Help	866-866-4357	http://unitedselfhelp.org/

HAWAI'I

Aloha Independent Living Hawaii	808-339-7297	https://alohailhawaii.org/big-island-hawaii/
Disability and Communication Access Board	808-974-4000 Ext. 6-8121#	https://health.hawaii.gov/dcab/home/contact-us/
Hawaii Civil Rights Commission	808-586-8636	https://labor.hawaii.gov/hcrc/
Hawaii Disability Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawai'i – Intake Hotline	800-499-4302	www.legalaidhawaii.org
United Self-Help	866-866-4357 808-947-5558	http://unitedselfhelp.org/

MAUI

Aloha Independent Living Hawaii - Lahaina	800-385-2454	https://alohailhawaii.org/maui/
Aloha Independent Living Hawaii - Kihei	808-866-4690	https://alohailhawaii.org/maui/
Disability and Communication Access Board	808-984-2400 Ext. 6-8121#	https://health.hawaii.gov/dcab/home/cont-act-us/
Hawaii Disability Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Hawaii Civil Rights Commission	808-984-2400 Ext. 6-8636	https://labor.hawaii.gov/hcrc/
Legal Aid Society of Hawai'i – Intake Hotline	800-499-4302	www.legalaidhawaii.org
Mental Health America of Hawai'i, Maui County Office	808-242-6461	http://mentalhealthhawaii.org/
United Self-Help	866-866-4357	http://unitedselfhelp.org/

MOLOKA'I

Disability and Communication Access Board	800-468-4644 Ext. 6-8121#	https://health.hawaii.gov/dcab/home/cont-act-us/
Hawaii Civil Rights Commission	800-468-4644 Ext. 6-8636	https://labor.hawaii.gov/hcrc/
Hawaii Disability Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Hawaii Families as Allies	808-682-1511	www.hifamilies.org
Legal Aid Society of Hawai'i – Intake Hotline	800-499-4302	www.legalaidhawaii.org
United Self-Help	866-866-4357	http://unitedselfhelp.org/
Aloha Independent Living Hawaii	808-866-3792	https://alohailhawaii.org/Molokai/

LĀNA'I

Disability and Communication Access Board	800-468-4644 Ext. 6-8121#	https://health.hawaii.gov/dcab/home/cont-act-us/
Hawaii Civil Rights Commission	800-468-4644 Ext. 6-8636	https://labor.hawaii.gov/hcrc/
Hawaii Disability Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawai'i – Intake Hotline	800-499-4302	www.legalaidhawaii.org
United Self-Help	866-866-4357	http://unitedselfhelp.org/

Counseling Programs

O'AHU

Catholic Charities Hawai'i – The Counseling Center Hawaii	808-527-4470	www.counselingcenterhawaii.com
Pono Roots Counseling Center	808-589-2367	www.ponoroots.org
Queen's Counseling Services at Kaheihimalie	808-691-4401	https://www.queens.org/locations/hospitals/qmc/services/behavioral-health/counseling-services/

Samaritan Counseling Center Hawaii	808-545-2740	www.samaritancounselingcenterhawaii.org
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HAWAI'I

Catholic Charities Hawai'i – The Counseling Center, Hilo	808-933-4357	https://www.counselingcenterhawaii.com/
Catholic Charities Hawai'i – The Counseling Center, Kona	808-327-2740	https://www.counselingcenterhawaii.com/

Day Treatment

O'AHU

CARE Hawaii	808-533-3936	https://www.carehawaii.com/services
Queen's Day Treatment Services	808-691-4157	https://www.queens.org/locations/hospitals/qmc/services/behavioral-health/day-treatment/

Developmental Disabilities

O'AHU

Developmental Disabilities Division	808-586-5840	https://health.hawaii.gov/ddd/
Developmental Disabilities Services - O'ahu Intake Line	808-733-1689	https://health.hawaii.gov/ddd/participants-families/apply/
Easterseals Hawaii	808-536-1015	www.eastersealshawaii.org
Hawaii Behavioral Health	808-585-1424	https://hibh.org/
Kahumana	808-261-8692	www.kahumana.org
Responsive Caregivers of Hawaii	808-488-7931	https://rcoh.org/

KAUA'I

Developmental Disabilities Services – Kauai Intake Line	808-241-3406	https://health.hawaii.gov/ddd/participants-families/apply/
Easterseals Hawaii - Kauai Children's Center	808-245-7141	www.eastersealshawaii.org
Easterseals Hawaii - Kapaa HCBS Service Center	808-821-6944	www.eastersealshawaii.org
Easterseals Hawaii - Waimea HCBS Service Center	808-482-3489	www.eastersealshawaii.org

HAWAI'I

Brantley Center	808-775-7245	
Developmental Disabilities Services – Hilo Intake Line	808-974-4280	https://health.hawaii.gov/ddd/participants-families/apply/
Developmental Disabilities Services – Kona Intake Line	808-327-6212	https://health.hawaii.gov/ddd/participants-families/apply/
Developmental Disabilities Services – Waimea Intake Line	808-887-6064	https://health.hawaii.gov/ddd/participants-families/apply/

Easterseals Hawaii - Hilo Children’s Center	808-961-3081	www.eastersealshawaii.org
Easterseals Hawaii - Hawaii Island Home & Community Based Services, Kea’au	808-961-3716	www.eastersealshawaii.org

MAUI

Arc of Maui County	808-242-5781	www.arcofmaui.org
Developmental Disabilities Services – Maui Intake Line	808-243-4625	https://health.hawaii.gov/ddd/participants-families/apply/
Easterseals Hawaii - Maui Service Center	808-249-2065	www.eastersealshawaii.org
Ka Lima O Maui	808-244-5502	www.kalimaomaui.org

MOLOKA’I

Arc of Maui County - Moloka’i	808-558-0408	www.arcofmaui.org
Developmental Disabilities Services – Moloka’i Intake Line	808-553-7898	https://health.hawaii.gov/ddd/participants-families/apply/

LĀNA’I

Easterseals Hawaii - Lanai Home & Community Based Services, Wailuku	808-249-2065	www.eastersealshawaii.org
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Domestic Violence

O’AHU

Child & Family Service - O’ahu Domestic Abuse Hotline 24/7	808-841-0822	www.childandfamilyservice.org/programs/dvshelters
Child & Family Service - Domestic Violence Services for Families	808-543-8447	www.childandfamilyservice.org/programs/dvsf
Domestic Violence Action Center	808-531-3771	www.stoptheviolence.org/home
Catholic Charities Hawai’i, Domestic Violence Services	808-521-4357	https://www.catholiccharitieshawaii.org/counseling-services-available-domestic-violence/
PACT Domestic Violence Support & Ohia Shelter Access Line 24/7	808-526-2200	https://pacthawaii.org/our-work/domestic-violence-prevention/ohia/
PACT Family Peace Center	808-832-0855	https://pacthawaii.org/

KAUA’I

Child & Family Service - Domestic Violence Services for Families	808-245-5914	www.childandfamilyservice.org/programs/dvsf
YWCA of Kauai - Domestic Violence Hotline 24/7	808-245-6362	https://ywcakauai.org/
YWCA of Kauai - Sexual Assault Hotline 24/7	808-245-4144	https://ywcakauai.org/

HAWAI'I

Child & Family Service - West Hawaii Domestic Abuse Hotline 24/7	808-322-7233	www.childandfamilyservice.org/programs/dvshelters
Child & Family Service - East Hawaii Domestic Abuse Hotline 24/7	808-959-8864	www.childandfamilyservice.org/programs/dvshelters
Child & Family Service - Domestic Violence Services for Families, East Hawaii	808-935-2188	www.childandfamilyservice.org/programs/dvsf
Child & Family Service - Domestic Violence Services for Families, West Hawaii	808-322-3266	www.childandfamilyservice.org/programs/dvsf

MAUI

Child & Family Service - Domestic Violence Advocacy	808-877-6888	www.childandfamilyservice.org/programs/dva
PACT Family Peace Center	808-243-7001	https://pacthawaii.org
Women Helping Women – Main Office	808-242-6600	www.womenhelpingwomenmaui.com
Women Helping Women Crisis Hotline 24/7	808-579-9581	www.womenhelpingwomenmaui.com
Women Helping Women - Temporary Restraining Orders	808-446-7379	www.womenhelpingwomenmaui.com/programs/tro-procedures
Women Helping Women - Hana	808-866-2852	www.womenhelpingwomenmaui.com

MOLOKA'I

Hale Ho'omalulu Shelter Hotline 24/7	808-567-6888	www.Molokai.org/programs/health-human-services/domestic-violence-programs/index.html
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LĀNA'I

Women Helping Women	808-565-6700	www.womenhelpingwomenmaui.com
PACT - Parents And Children Together, Lanai LISS	808-565-9191	https://pacthawaii.org/

Dual Diagnosis

O'AHU

CARE Hawaii	808-533-3936	https://www.carehawaii.com/
Hina Mauka	808-236-2600	https://www.hinamauka.org/
Po'ailani – Dual Diagnosis Treatment Center	808-263-3500	https://poailani.org/
Sand Island Treatment Center (Kline-Welsh)	808-841-2319	www.sandisland.com

MAUI

Ohana Makamae, Inc	808-248-8538	https://ohanamakamae.org/
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Food Assistance

O'AHU

Aloha United Way 211 Information Hotline	211 or 808-275-2000	https://auw211.org/
Helping Hands Hawaii - SNAP Outreach	808-536-7234 ext. 832	https://www.helpinghandshawaii.org/what-we-do/snap-outreach/
Lanakila Meals on Wheels	808-356-8519	https://lanakilapacific.org/mealsonwheels/

MAUI

Maui Food Bank	808-243-9500	https://mauifoodbank.org/
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Elderly, Services for: See Senior Services

Health Insurance Providers/Plans

O'AHU

AlohaCare	808-973-0712	www.alohacare.org
Hawai'i Medical Assurance Association (HMAA) Customer Service	808-941-4622	www.hmaa.com
Hawai'i Medical Service Association (HMSA)	808-948-6079	https://hmsa.com/
HMSA Behavioral Health/Carelon Behavioral Health	808-695-7700	
Hawai'i MedQUEST/Medicaid Eligibility Branch	808-587-3521	https://medquest.hawaii.gov/
Help with eligibility/health plan enrollment	808-524-3370	
Kaiser Permanente Behavioral Health	888-945-7600	https://healthy.kaiserpermanente.org/hawaii/get-care
Medicaid Dental Care	808-792-1070	
'Ohana Health Plan/CCS	888-846-4262	https://www.ohanahealthplan.com/
United Healthcare Community Plan QUEST	888-980-8728	www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html
UHA (University Health Alliance)	808-532-4000	https://uhahealth.com/

KAUA'I

AlohaCare	877-973-0712	www.alohacare.org
Hawai'i Medical Assurance Association (HMAA). Main Line	800-621-6998	www.hmaa.com
Hawai'i Medical Assurance Association (HMAA) Customer Service	888-941-4622	www.hmaa.com
Hawai'i Medical Service Association (HMSA)	808-245-3393	https://hmsa.com/
HMSA Behavioral Health/Carelon Behavioral Health	855-856-0578	
Hawai'i MedQUEST/Medicaid	808-241-3575	https://medquest.hawaii.gov/

Kaiser Permanente Behavioral Services	888-945-7600	www.kp.org
Medicaid Dental Care	866-486-8030	
‘Ohana Health Plan/CCS	888-846-4262	www.ohanahealthplan.com
United Healthcare Community Plan QUEST	888-980-8728	www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html
UHA (University Health Alliance)	800-458-4600	www.uhahealth.com

HAWAI‘I

AlohaCare	877-973-0712	www.alohacare.org
Hawai‘i Medical Assurance Association (HMAA)	800-621-6998	www.hmaa.com
Main Line	808-591-0088	
Hawai‘i Medical Assurance Association (HMAA) Customer Service	888-941-4622	www.hmaa.com
Hawai‘i Medical Service Association (HMSA) Hilo	808-935-5441	https://hmsa.com/
Hawai‘i Medical Service Association (HMSA) Kona	808-329-5291	https://hmsa.com/
HMSA Behavioral Health/Carelon Health	855-856-0578	
Hawai‘i MedQUEST/Medicaid - East Hawaii	808-933-0339	https://medquest.hawaii.gov/
	800-316-8005	
Hawai‘i MedQUEST/Medicaid - West Hawaii	808-327-4970	https://medquest.hawaii.gov/
	800-316-8005	
Kaiser Permanente Behavioral Services	888-945-7600	https://healthy.kaiserpermanente.org
Medicaid Dental Care	877-267-2323	
‘Ohana Health Plan/CCS	866-401-7540	https://www.ohanahealthplan.com/
United Healthcare Community Plan QUEST	888-980-8728	www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html
UHA (University Health Alliance)	800-458-4600	www.uhahealth.com
	808-532-4000	

MAUI

AlohaCare	877-973-0712	www.alohacare.org
Hawai‘i Medical Assurance Association (HMAA)	800-621-6998	www.hmaa.com
Main Line		
Hawai‘i Medical Assurance Association (HMAA) Customer Service	888-941-4622	www.hmaa.com
Hawai‘i Medical Service Association (HMSA)	808-871-6295	https://hmsa.com/
HMSA Behavioral Health/Beacon Health	855-856-0578	
Hawai‘i MedQUEST/Medicaid	808-243-5780	https://medquest.hawaii.gov/
Kaiser Permanente Behavioral Services	808-432-7600	https://healthy.kaiserpermanente.org/hawaii/get-care
Medicaid Dental Care	866-486-8030	
‘Ohana Health Plan/CCS	888-846-4262	www.wellcare.com/Hawaii

United Healthcare Community Plan QUEST	888-980-8728	www.uhcommunityplan.com/hi/medicaid/quest-integration-program.html
UHA (University Health Alliance)	800-458-4600	www.uhahealth.com

MOLOKA'I

AlohaCare	877-973-0712	www.alohacare.org
Hawai'i Medical Assurance Association (HMAA) Main Line	800-621-6998	www.hmaa.com
Hawai'i Medical Assurance Association (HMAA) Customer Service	888-941-4622	www.hmaa.com
Hawai'i Medical Service Association (HMSA)	800-639-4672	https://hmsa.com/
HMSA Behavioral Health/Beacon Health	855-856-0578	
Hawai'i MedQUEST/Medicaid	808-553-1758	https://medquest.hawaii.gov/
Kaiser Permanente Behavioral Services	808-432-7600	https://healthy.kaiserpermanente.org/hawaii/get-care
Medicaid Dental Care	866-486-8030	
'Ohana Health Plan/CCS	888-846-4262	www.wellcare.com/Hawaii
United Healthcare Community Plan QUEST	888-980-8728	www.uhcommunityplan.com/hi/medicaid/quest-integration-program.html
UHA (University Health Alliance)	800-458-4600	www.uhahealth.com

LĀNA'I

AlohaCare	877-973-0712	www.alohacare.org
Hawai'i Medical Assurance Association (HMAA) Main Line	800-621-6998	www.hmaa.com
Hawai'i Medical Assurance Association (HMAA) Customer Service	888-941-4622	www.hmaa.com
Hawai'i Medical Service Association (HMSA)	800-639-4672	https://hmsa.com/
HMSA Behavioral Health/Beacon Health	855-856-0578	
Hawai'i MedQUEST/Medicaid	808-565-7102	https://medquest.hawaii.gov/
Kaiser Permanente Behavioral Services	808-432-7600	https://healthy.kaiserpermanente.org/hawaii/get-care
Medicaid Dental Care	866-486-8030	
'Ohana Health Plan/CCS	888-846-4262	www.wellcare.com/Hawaii
United Healthcare Community Plan QUEST	888-980-8728	www.uhcommunityplan.com/hi/medicaid/quest-integration-program.html
UHA (University Health Alliance)	800-458-4600	www.uhahealth.com

Homeless Shelters & Services

O'AHU

Gregory House Programs	808-592-9022	www.gregoryhouse.org
Hale Kipa Youth Services	808-589-1829	www.halekipa.org
Hawaii H.O.M.E. Project	808-223-8859	www.hawaiihomeproject.org/index.html
Institute for Human Services (I.H.S.)	808-447-2800	www.ihshawaii.org
Kahumana	808-696-4095	www.kahumana.org
Network Enterprises	808-521-7774	https://www.neihawaii.org/
Onemalu Transitional Shelter - Kalaeloa	808-682-5869	https://kealahouwestoahu.com/onemalu-transitional-shelter-for-families/
U.S. Vets (for military) – Waianae	808-208-4456 808-462-0280	https://usvets.org/locations/waianae/
U.S. Vets (for military) – Barbers Point	808-630-0771	https://usvets.org/locations/barbers-point/
Youth Outreach (YO!) for homeless youth	808-537-8438	https://waikikihc.org/locations/youth-outreach/

KAUA'I

Kauai Economic Opportunity	808-245-4077	https://keoinc.org
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HAWAI'I

Hope Services of Hawai'i (island wide)	808-935-3050	https://hopeserviceshawaii.org/
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MAUI

Ka Hale A Ke Ola Homeless Resource Center Wailuku	808-242-7600	www.khako.org
Ka Hale A Ke Ola Homeless Resource Center Lahaina	808-662-0076	www.khako.org
Salvation Army - Kahului Corps	808-871-6270	https://kahului.salvationarmy.org/
Salvation Army - Lahaina Corps	808-661-5335	https://hawaii.salvationarmy.org/hawaii_2/maui-location
Share Your Mana	808-344-5300	https://shareyourmana.org
Family Life Center	808-877-0880	http://www.flcmaui.org/

Hospitals & Medical Centers

O'AHU

Hawaii H.O.M.E. Project	808-223-8859	www.hawaiihomeproject.org/index.html
Adventist Health Castle Mental Health Services	808-263-5356	https://www.adventisthealth.org/castle/services/mental-health/
Hawai'i State Hospital (psychiatric hospital)	808-247-2191	https://health.hawaii.gov/amhd/hawaii-state-hospital-about-us/
Hawai'i State Hospital Patient Rights Advisor	808-236-8244	

Kāhi Mōhala Behavioral Health (psychiatric hospital)	808-671-8511	https://www.sutterhealth.org/kahi
Kahuku Medical Center	808-293-9221	www.kmc-hi.org
Kaiser Permanente Moanalua Medical Center	808-432-0000	https://healthy.kaiserpermanente.org
Kalihi-Palama Health Center – Kalihi	808-848-1438	www.kphc.org
Kalihi-Palama Health Center - Downtown	808-792-5560	www.kphc.org
Kapiolani Medical Center	808-983-6000	www.hawaiipacifichealth.org/kapiolani
Kapiolani Medical Center at Pali Momi	808-486-6000	https://www.hawaiipacifichealth.org/pali-momi/
Kuakini Medical Center	808-536-2236	https://www.kuakini.org
Queen’s Medical Center (In-patient Psychiatry)	808-691-7878	https://www.queens.org/locations/hospitals/gmc/services/behavioral-health/behavioral-health-psychiatry/
Rehabilitation Hospital of the Pacific	808-531-3511	www.rehabhospital.org
Straub Clinic and Hospital – Main Line	808-522-4000	www.straubhealth.org
Straub Clinic and Hospital – Behavioral Health	808-522-4521	https://www.hawaiipacifichealth.org/straub/services/mental-and-behavioral-health/
Tripler Army Medical Center	808-433-6661	https://trippler.tricare.mil/

KAUA’I

Kaua’i Medical Clinic - Lihue	808-245-1500	www.hawaiipacifichealth.org/locations
Kaua’i Medical Clinic - Eleele	808-335-0499	www.hawaiipacifichealth.org/locations
Kaua’i Medical Clinic - Kapaa	808-822-3431	www.hawaiipacifichealth.org/locations
Kaua’i Medical Clinic - Koloa	808-742-1621	www.hawaiipacifichealth.org/locations
Samuel Mahelona Medical Center (In-patient Psychiatry)	808-822-4961	https://kauai.hhsc.org/facilities/samuel-mahelona-memorial-hospital-smmh/
West Kauai Medical Center	808-338-8311	www.kvmh.hhsc.org
Wilcox Medical Center	808-245-1100	www.hawaiipacifichealth.org/wilcox

HAWAI’I

Hale Ho’ola Hamakua	808-932-4100	www.halehoolahamakua.org
Hilo Medical Center	808-932-3000	www.hilomedicalcenter.org
Kaiser Permanente Hilo Clinic	808-934-4000	https://healthy.kaiserpermanente.org
Ka’u Hospital - Pahala	808-932-4200	https://www.kauhospital.org/
Kohala Hospital	808-889-6211	https://kohala.hhsc.org/
Kona Community Hospital – Main Line	808-322-9311	www.kch.hhsc.org
Kona Community Hospital - In-patient Psych Unit	808-322-4500	https://kch.hhsc.org/services/behavioral-health/
Queen’s North Hawai’i Community Hospital	808-885-4444	https://www.queens.org/north-hawaii/north-hawaii-community-hospital

MAUI

Hāna Health Clinic	808-248-8294	www.hanahealth.org
Hui No Ke Ola Pono - Wailuku	808-244-4647	www.hnkop.org
Hui No Ke Ola Pono - Hana	808-442-6860	www.hnkop.org
Kaiser Permanente Kihei Clinic	808-243-6000	https://kpinhawaii.org/locations/maui
Kaiser Permanente Lahaina Clinic	808-243-6000	https://kpinhawaii.org/locations/maui
Kaiser Permanente Maui Lani Elua Clinic	808-243-6000	https://kpinhawaii.org/locations/maui
Kaiser Permanente Wailuku Medical Office	808-243-6000	https://kpinhawaii.org/locations/maui
Maui Health System - Kula Clinic	808-876-4331	www.mauihealthsystem.org/kula-clinic
Maui Medical Group Kihei Office	808-270-1528	www.mauimedical.com
Maui Medical Group Pukalani Office	808-573-6200	www.mauimedical.com
Maui Medical Group Wailuku Office	808-242-6464	www.mauimedical.com
Maui Medical Group Lahaina Office	808-661-0051	www.mauimedical.com
Maui Medical Group Kahului Office	808-871-1730	www.mauimedical.com
Maui Memorial Medical Center	808-244-9056	https://www.mauihealth.org

MOLOKA'I

Women's Health Center at Moloka'i General Hospital	808-553-3145	https://www.queens.org/molokai/services
Moloka'i Family Support Services	808-553-3276	
Moloka'i General Hospital	808-553-5331	https://www.queens.org/molokai/molokai-general-hospital
Nā Pu'uwai - Moloka'i Native Health Care System	808-560-3653	https://napuuwai.org/

LĀNA'I

Nā Pu'uwai - Lāna'i Office	808-565-7204	https://napuuwai.org/
Lanai Community Hospital	808-565-8450	www.mauihealthsystem.org/lanai-hospital
Straub Clinic at Lanai – Family Health Center	808-565-6423	https://www.hawaiiipacifichealth.org

Housing Information/Providers

O'AHU

Aloha Independent Living Hawai'i	800-385-2454	https://alohailhawaii.org/
Dept. of Human Services Public Assistance Info Line	855-643-1643	www.humanservices.hawaii.gov
Hawai'i Public Housing Authority	808-832-4692	

KAUAI

Kauai Economic Opportunity	808-245-4077	
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HAWAII

Hawai'i County Housing, Section 8 Rental Assistance	808-959-4642	www.hawaiicounty.gov/office-of-housing
Hawai'i County Housing – Hilo	808-961-8379	

Hawai'i County Housing – Kona	808-323-4300
Hawai'i Public Housing Authority	808-204-9042

MAUI

County of Maui, Housing Administration	808-270-7351	https://www.mauicounty.gov/251/Housing-Division
County of Maui, Section 8 Rental Assistance	808-270-7751	https://www.mauicounty.gov/251/Housing-Division
Hale Mahaolu	808-872-4100	https://halemahaolu.org/
Hawai'i Public Housing Authority	808-832-4692	
Lokahi Pacific	808-242-5761	www.lokahipacific.org
Maui County Office on Aging and Aging & Disability Resource Center	808-270-7774	https://www.mauicounty.gov/255/Office-on-Aging

MOLOKA'I

Moloka'i Hale Mahaolu	808-872-4100	www.halemahaolu.org
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LĀNA'I

Hawai'i Public Housing Authority	808-832-4692
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Human and Sex Trafficking

O'AHU

Child Welfare Services (If minor is victim of human trafficking)	808-832-1999	https://humanservices.hawaii.gov/ssd/home/child-welfare-services/
Statewide Trafficking Victim Assistance Program 24-hour Crisis Support	808-721-9614	https://tvaphawaii.org/
PACT- Parents And Children Together Family Peace Center	808-832-0855	https://pacthawaii.org

KAUA'I

Statewide Trafficking Victim Assistance Program 24-hour Crisis Support	808-721-9614	https://tvaphawaii.org/
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HAWAI'I

Statewide Trafficking Victim Assistance Program 24-hour Crisis Support	808-721-9614	https://tvaphawaii.org/
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MAUI

PACT- Parents And Children Together Family Peace Center	808-847-3286	https://pacthawaii.org
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Statewide Trafficking Victim Assistance Program 24-hour Crisis Support	808-721-9614	https://tvaphawaii.org/
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MOLOKA'I

Statewide Trafficking Victim Assistance Program 24-hour Crisis Support	808-721-9614	https://tvaphawaii.org/
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LĀNA'I

Statewide Trafficking Victim Assistance Program 24-hour Crisis Support	808-721-9614	https://tvaphawaii.org/
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Immigrant Services

O'AHU

Bilingual Access Line (24 hours)	808-526-9724	www.helpinghandshawaii.org
Catholic Charities Hawai'i	808-521-4357	www.catholiccharitieshawaii.org
Child and Family Service	808-543-8436	www.childandfamilyservice.org
Hawai'i Immigrant Justice Center at Legal Aid Society of Hawai'i	808-536-4302	www.legalaidhawaii.org
Lanakila Easy Access Project	808-832-5685	https://health.hawaii.gov/bilingual-services/
Pacific Gateway Center	808-851-7010	www.pacificgatewaycenter.org
PACT-Parents And Children Together Family Center	808-841-6177	https://pacthawaii.org
Susannah Wesley Community Center	808-847-1535	www.susannahwesley.org
U.S. Citizenship and Immigration Services	800-375-5283	www.uscis.gov

HAWAI'I

Catholic Charities Hawai'i	808-961-7030	www.catholiccharitieshawaii.org
County Immigration Information Office	808-961-8220	https://www.rd.hawaicounty.gov/immigration-information

MAUI

Maui Immigrant Services	808-270-7791	www.mauicounty.gov/253/Immigrant-Services
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Jail & Prison Services

O'AHU

The Community Assistance Center	808-537-2917	www.cachawaii.org
Adult Mental Health Division, Court and Corrections	808-832-1852	www.courts.state.hi.us
Department of Public Safety- Health Care Division	808-587-1250	https://dcr.hawaii.gov/
Halawa Correctional Facility – General	808-485-5200	https://dcr.hawaii.gov/
Halawa Correctional Facility, Visitation Hotline	808-485-3550	https://dcr.hawaii.gov/

O'ahu Community Correctional Center	808-832-1777	https://dcr.hawaii.gov/
O'ahu Community Correctional Center Visitation Hotline	808-832-1633	https://dcr.hawaii.gov/
O'ahu Community Correctional Center, Mental Health Office	808-832-1683	https://dcr.hawaii.gov/
Waiiawa Correctional Facility Visitation Information	808-677-6150	https://dcr.hawaii.gov/
Women's Correctional Center Visitation Hotline	808-266-9675	https://dcr.hawaii.gov/
Women's Community Correctional Center, Mental Health Office	808-266-9844	https://dcr.hawaii.gov/

KAUA'I

Kauai Community Correctional Center	808-241-3050, Ext.34	https://dcr.hawaii.gov/
Kauai Community Correctional Center, Mental Health Office	808-241-3061	https://dcr.hawaii.gov/

HAWAII

Hawaii Community Correctional Center Visitor Information	808-933-0431	https://dcr.hawaii.gov/
Hawaii Community Correctional Center, Mental Health Office	808-933-0520	https://dcr.hawaii.gov/

MAUI

Maui Community Correctional Center Visitation Information	808-243-5101	https://dcr.hawaii.gov/
Maui Community Correctional Center, Mental Health Office	808-243-1244	https://dcr.hawaii.gov/

MOLOKAI

Molokai Police Station	808-553-5355	www.mauicounty.gov/Facilities/Facility/Details/Molokai-Police-Station-95
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LANA'I

Lana'i Police Station	808-565-6428	www.mauicounty.gov/Facilities/Facility/Details/Lanai-Police-Station-92
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Job Training & Placement

O'AHU

Institute for Human Services (I.H.S.) Employment Services	808-447-2844	https://ihshawaii.org/services/employment-services
Lanakila Pacific	808-531-0555	www.lanakilapacific.org

Network Enterprises, Inc.	808-521-7774	http://www.hireabilitieshawaii.org
PACT-Parents And Children Together Economic Opportunity Center	808-842-7093	https://pacthawaii.org
State Vocational Rehabilitation Office, Honolulu	808-586-4824	https://humanservices.hawaii.gov/vr/
State Vocational Rehabilitation Office, Kapolei	808-692-8604	https://humanservices.hawaii.gov/vr/
Abilities Unlimited	808-532-2100	https://www.auhawaii.org/

KAUA'I

Goodwill Hawaii	808-443-5870	https://www.goodwillhawaii.org/
State Vocational Rehabilitation Office, Lihue	808-274-3333	https://humanservices.hawaii.gov/vr/

HAWAI'I

Hawai'i County Economic Opportunity Council	808-731-7009	https://hceoc.net/
Goodwill Hawaii	808-443-5870	https://www.goodwillhawaii.org/
State Vocational Rehabilitation Office, Hilo	808-974-6444	https://humanservices.hawaii.gov/vr/
State Vocational Rehabilitation Office, Kona	808-323-0025	https://humanservices.hawaii.gov/vr/

MAUI

Arc of Maui County	808-242-5781	www.arcofmaui.org
Ka Lima O Maui	808-244-5502	www.kalimaomaui.org
Maui Economic Opportunity (MEO) Senior Community Service Employment Program (SCSEP)	808-249-2970	https://www.meoinc.org
State Vocational Rehabilitation Office, Maui County	808-984-8350	https://humanservices.hawaii.gov/vr/

MOLOKA'I

Arc of Maui County - Moloka'i	808-558-0408	www.arcofmaui.org
Moloka'i Occupational Center	808-553-3266	
State Vocational Rehabilitation Office, Moloka'i	808-553-3621	https://humanservices.hawaii.gov/vr/

Legal Services

O'AHU

Hawai'i Civil Rights Commission	808-586-8636	https://labor.hawaii.gov/hcrc/
Hawai'i Disability Rights Center	808-949-2922 800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawaii	808-536-4302	www.legalaidthawaii.org
Maximum Legal Services Corp. (Trust and Conservatorships for disabled and minors)	808-585-0920	www.maxlegalservices.org
Office of the Public Defender, Appeals	808-586-2080	https://publicdefender.hawaii.gov/
Office of the Public Defender, District	808-586-2100	https://publicdefender.hawaii.gov/
Office of the Public Defender, Family	808-586-2300	https://publicdefender.hawaii.gov/

Office of the Public Defender, Felony	808-586-2200	https://publicdefender.hawaii.gov/
Volunteer Legal Services of Hawai'i	808-528-7046	www.vlsh.org

KAUA'I

Hawai'i Disabilities Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Office of the Public Defender	808-241-7128	https://publicdefender.hawaii.gov/
Volunteer Legal Services of Hawai'i	808-698-8210	www.vlsh.org

HAWAII

Hawai'i Disabilities Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Ku'ikahi Mediation Center	808-935-7844	www.hawaiimediation.org
Legal Aid Society of Hawaii	800-499-4302	www.legalaidhawaii.org
Office of the Public Defender, Hilo Office	808-974-4571	https://publicdefender.hawaii.gov/
Office of the Public Defender, Kona Office	808-327-4650	https://publicdefender.hawaii.gov/
Volunteer Legal Services of Hawai'i	808-313-8210	www.vlsh.org
West Hawai'i Mediation Services	808-885-5525	www.whmediation.org

MAUI

Hawai'i Disabilities Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawaii	800-499-4302	www.legalaidhawaii.org
Maui Mediation Services	808-244-5744	www.mauimediation.org
Office of the Public Defender	808-984-5018	https://publicdefender.hawaii.gov/
Volunteer Legal Services of Hawai'i	808-727-8210	www.vlsh.org

MOLOKA'I

Hawai'i Disabilities Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawaii	800-499-4302	www.legalaidhawaii.org
Office of the Public Defender	808-553-1100	https://publicdefender.hawaii.gov/

LĀNA'I

Hawai'i Disabilities Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawaii	800-499-4302	www.legalaidhawaii.org

Lesbian/Gay/Bisexual/Transgender

O'AHU

LGBTQ Center - Waikiki	808-369-2000	https://hawaiilgbtlegacyfoundation.com/lgbt-center-location/
Hawai'i Health & Harm Reduction Center	808-521-2437	www.hhhrc.org
Spill The Tea Café	808-797-4970	https://spilltheteacafe.org/

The Trevor Project	866-488-7386	www.thetrevorproject.org
University of Hawai'i LGBT Student Services	808-956-9250	www.manoa.hawaii.edu/lgbt/index.html
Waikiki Health Center - Youth Outreach (YO!)	808-942-5858	http://waikikihc.org

KAUA'I

YWCA of Kauai	808-245-5959 Ext. 256	https://ywcakauai.org/
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MAUI

Aloha Maui Pride	808-446-0549	https://alohamauipride.org/
Maui Aids Foundation – Empower'd Support Group	808-242-4900 Ext. 229	www.mauiids.org
Maui Equality Coalition	808-463-4363	https://www.mauequality.org/
Transcend Maui	808-871-7772	https://ccmaui.org/transcend-maui/

Marriage & Family Services

O'AHU

Catholic Charities Hawai'i	808-527-4470	www.catholiccharitieshawaii.org
Child and Family Service	808-681-3500	www.childandfamilyservice.org
Samaritan Counseling Center Hawaii	808-545-2740	www.samaritancounselingcenterhawaii.org

KAUA'I

Child and Family Service - Kaua'i	808-245-5914	www.childandfamilyservice.org
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HAWAI'I

Child and Family Service – East Hawai'i Island	808-935-2188	www.childandfamilyservice.org
Child and Family Service – West Hawai'i Island	808-323-2644	www.childandfamilyservice.org

MAUI

Child and Family Service – Maui County	808-877-6888	www.childandfamilyservice.org
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Mediation Services

O'AHU

Mediation Center of the Pacific	808-521-6767	www.mediatehawaii.org
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HAWAI'I

Ku'ikahi Mediation Center	808-935-7844	www.hawaiimediation.org
West Hawai'i Mediation Services	808-885-5525	www.whmediation.org

MAUI

Mediation Services of Maui 808-244-5744 www.mauimmediation.org

Military Mental Health Services

O'AHU

Army Substance Abuse Program, Schofield Barracks 808-655-4470 <https://home.army.mil/hawaii/index.php/garrison/dhr/asap>

DSTRESS Help Line (Marine Corps and Vets) 877-476-7734 www.usmc-mccs.org/services/support/dstress-line/

Military One Source 800-342-9647 <https://www.militaryonesource.mil/>

National Call Center for Homeless Veterans 877-424-3838 www.va.gov/HOMELESS/

Honolulu Vet Center 808-973-8387 <https://www.va.gov/directory/guide/facility.asp?ID=441>

Spark M. Matsunaga VA Medical Center 808-433-0600 <https://www.hawaii.va.gov/locations/directions.asp>

The Steven A. Cohen Military Family Clinic at Child & Family Service 808-204-4020 <https://www.childandfamilyservice.org/cohenclinic/contact/>

Veterans Crisis Line (Suicide Prevention Counseling) 800-273-8255
Ext. 1 www.veteranscrisisline.net

Western O'ahu Vet Center 808-674-2414 <https://www.va.gov/directory/guide/facility.asp?ID=6165>

KAUA'I

Kaua'i Vet Center 808-246-1163 <https://www.va.gov/directory/guide/facility.asp?ID=5074>

HAWAI'I

Kailua-Kona Vet Center 808-329-0574 <https://www.va.gov/directory/guide/facility.asp?ID=6166>

Hilo Vet Center 808-969-3833 <https://www.va.gov/directory/guide/facility.asp?ID=440>

MAUI

Maui Vet Center 808-242-8557 <https://www.va.gov/directory/guide/facility.asp?ID=5075>

Professional Organizations

O'AHU

Hawai'i Nurses Association 808-531-1628 www.hawaiinurses.org

Hawai'i Psychiatric Medical Association 808-447-1840 www.hawaiipsychiatry.org

Hawai'i Psychological Association	808-521-8995	www.hawaiipsychology.org
Hawai'i Public Health Association	503-908-4742	http://www.hawaiipublichealth.org/
Hawaiian Islands Association for Marriage & Family Therapy	808-291-5321	https://www.hawaiimft.org/

Rent Assistance

O'AHU

Catholic Charities Hawai'i	808-521-4357	www.catholiccharitieshawaii.org
Helping Hands Hawaii - Emergency Assistance Program	808-440-3835	https://helpinghandshawaii.org/programs/emergency-assistance-program/
Institute for Human Services (I.H.S.)	808-447-2800	www.ihshawaii.org

HAWAI'I

Catholic Charities Hawai'i	808-961-7050	www.catholiccharitieshawaii.org
Hope Services Hawaii, Inc.	808-935-3050	www.hopeserviceshawaii.org

KAUA'I

Catholic Charities Hawai'i	808-241-4673	www.catholiccharitieshawaii.org
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MAUI

Catholic Charities Hawai'i	808-873-4673	www.catholiccharitieshawaii.org
Hale Mahaolu	808-872-4100	http://halemahaolu.org/
Maui Economic Opportunity (MEO) Rental Assistance Program	808-249-2970	www.meoinc.org

Residential Treatment, Supportive Housing, Group Homes: Adults

O'AHU

CARE Hawai'i, Inc.	808-533-3936	www.carehawaii.com
Catholic Charities Hawai'i	808-521-4357	www.catholiccharitieshawaii.org
Hina Mauka	808-236-2600	www.hinamauka.org
Kahumana Residential Special Treatment Facility	808-696-6699	www.kahumana.org
Mental Health Kokua	808-737-2523	www.mentalhealthkokua.org
Po'ailani	808-262-2799	www.poailani.org
Sand Island Treatment Center	808-841-2319	http://www.sandisland.com/
Wai'anae Coast Community Mental Health Center (Hale Na'au Pono)	808-696-4211	www.wccmhc.org

KAUA'I

Mental Health Kokua	808-632-0466	www.mentalhealthkokua.org
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HAWAII

Mental Health Kokua – Hilo	808-935-7167	www.mentalhealthkokua.org
Mental Health Kokua – Kona	808-331-1468	www.mentalhealthkokua.org

MAUI

Mental Health Kokua	808-244-7405	www.mentalhealthkokua.org
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Residential Treatment Programs: Children and Teens

O'AHU

CARE Hawai'i, Inc. (Crisis Residential) – Kaneohe	808-234-5825	www.carehawaii.com
Catholic Charities Hawai'i	808-521-4357	www.catholiccharitieshawaii.org
Child and Family Service	808-543-8494	www.childandfamilyservice.org
Hale Kipa	808-589-1829	www.halekipa.org

KAUA'I

Hale Opio Kaua'i	808-245-2873	www.haleopio.org
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HAWAII

Child and Family Service – East Hawai'i	808-935-2188	www.childandfamilyservice.org
Child and Family Service – West Hawai'i	808-323-2664	www.childandfamilyservice.org

MAUI

The Maui Farm	808-579-8271	www.themaufarm.org
Maui Youth and Family Service	808-579-8414 Opt.3	www.myfs.org

Respite Services: Families, Children/Youth, and Adults

MAUI

ARC of Maui County	808-242-5781	http://arcofmaui.org/
Mental Health Kokua	808-244-7405	www.mentalhealthkokua.org

Senior Caregiver Support Services

O'AHU

Alzheimer's Association	800-272-3900	www.alz.org/hawaii
Adventist Health Home Care Services Castle Professional Center	808-263-5077	https://www.adventisthealth.org/home-care-services/locations/castle/
Central O'ahu Caregiver Support Group	808-625-3782	
Child and Family Services Gerontology Program	808-543-8468	www.childandfamilyservice.org
Elderly Affairs	808-768-7700	www.elderlyaffairs.com

Project Dana	808-945-3736	www.projectdana.org
VA Caregivers Support Group	808-566-8380	
Statewide: State Long-Term Care Ombudsman (Investigation of nursing home complaints on O'AHU)	808-586-7268	https://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/

KAUAI

Adult Protective Services	808-241-3337	
Kauai Agency on Elderly Affairs	808-241-4470	www.kauai.gov/elderly
Statewide: State Long-Term Care Ombudsman (Investigation of nursing home complaints on O'AHU)	808-586-7268	https://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/

HAWAI'I

Hawai'i Adult Protective Services – Hilo	808-933-8820	https://humanservices.hawaii.gov/ssd/home/adult-services/
Hawai'i Adult Protective Services – Kona	808-327-6280	https://humanservices.hawaii.gov/ssd/home/adult-services/
Hawai'i County Area Office on Aging – Hilo	808-961-8626	https://www.hcoahawaii.org/
Hawai'i County Area Office on Aging – Kona	808-323-4392	https://www.hcoahawaii.org/

MAUI

Maui County Office on Aging and Aging & Disability Resource Center	808-270-7774	https://mauicountyadrc.org/
Maui Adult Day Care Center	808-871-5804	http://madcc.org/

Senior Services

O'AHU

AARP Hawai'i	808-545-6024	https://states.aarp.org/region/Hawaii
Adult Protective Services (Abuse)	808-832-5115	https://humanservices.hawaii.gov/ssd/home/adult-services/
Alzheimer's Association Help Line	800-272-3900	www.alz.org/hawaii
Catholic Charities Hawai'i	808-527-4777	www.catholiccharitieshawaii.org/programs-services/seniors
Executive Office on Aging	808-586-0100	https://health.hawaii.gov/eoa/
Lanakila Meals on Wheels	808-356-8519	https://www.lanakilapacific.org/seniorservices
Sage Plus (SHIP Helpline)	808-586-7299	https://www.caregiver.org/sage-plus-state-health-insurance-counseling-program
Senior Help Line (Elderly Affairs Division)	808-768-7700	www.elderlyaffairs.com
SMP Hawai'i - Protecting Seniors, their families and caregivers from healthcare and financial fraud	808-586-7281	https://www.smphawaii.org/
Social Security Administration	800-772-1213	www.ssa.gov

Statewide: State Long-Term Care Ombudsman (Investigation of nursing home complaints)	808-586-7268	https://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/
University of Hawai'i Elder Law Program	808-956-6544	www.hawaii.edu/uhelp

KAUA'I

Adult Protective Services	808-241-3337	
Alzheimer's Association Help Line	800-272-3900	www.alz.org/hawaii
Kaua'i Agency on Elderly Affairs	808-241-4470	www.kauai.gov/elderly
SMP Hawai'i - Protecting Seniors, their families and caregivers from healthcare and financial fraud	800-296-9422	https://www.smphawaii.org/
Statewide: State Long-Term Care Ombudsman (Investigation of long-term care complaints)	808-586-7268	https://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/

HAWAII

Alzheimer's Association Help Line	800-272-3900	www.alz.org/hawaii
Hawai'i Adult Protective Services - Hilo	808-933-8820	https://humanservices.hawaii.gov/ssd/home/adult-services/
Hawai'i Adult Protective Services - Kona	808-327-6280	https://humanservices.hawaii.gov/ssd/home/adult-services/
Hawai'i County Area Office on Aging - Hilo	808-961-8626	www.hcoahawaii.org
Hawai'i County Area Office on Aging -Kona	808-323-4390	www.hcoahawaii.org
SMP Hawai'i - Protecting Seniors, their families and caregivers from healthcare and financial fraud	800-296-9422	https://www.smphawaii.org/
Statewide: State Long-Term Care Ombudsman (Investigation of long-term care complaints)	808-586-7268	https://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/

MAUI

Adult Protective Services	808-243-5151	https://humanservices.hawaii.gov/ssd/home/adult-services/
Alzheimer's Association Help Line	800-272-3900	www.alz.org/hawaii
Hana Senior Center	808-248-8833	
Kaunoa Senior Services	808-270-7308	https://www.mauicounty.gov/254/Kaunoa-Senior-Services
Maui County Office on Aging and Aging & Disability Resource Center	808-270-7774	https://www.mauicountyadrc.org/
Statewide: State Long-Term Care Ombudsman (Investigation of long-term care complaints)	808-586-7268	https://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/

MOLOKA'I

Alzheimer's Association Help Line	800-272-3900	www.alz.org/hawaii
Maui County Office on Aging- Moloka'i	808-553-5241	

Statewide: State Long-Term Care Ombudsman (Investigation of long-term care complaints)	808-586-7268	https://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/
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LĀNA‘I

Alzheimer’s Association Help Line	800-272-3900	www.alz.org/hawaii
Lāna‘i Senior Citizens Center	808-565-6282	
Maui County Office on Aging - Lāna‘i	808-565-6818	
Statewide: State Long-Term Care Ombudsman (Investigation of long-term care complaints)	808-586-7268	https://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/

Sex Abuse Treatment: Offenders

O‘AHU

Catholic Charities Hawai‘i	808-527-4470	www.catholiccharitieshawaii.org
The Community Assistance Center	808-537-2917	www.cachawaii.org

Sex Abuse Treatment: Victims

O‘AHU

Child & Family Service	808-543-8494	www.childandfamilyservice.org/programs/sats
Sex Abuse Treatment Center – 24-hour Hotline	808-524-7273	https://www.hawaiipacifichealth.org/services/sex-abuse-treatment-center/
The Children’s Justice Center	808-534-6700	https://www.courts.state.hi.us/services/hawaii_childrens_justice_centers/hawaii_childrens_justice_centers

KAUA‘I

Sex Assault Crisis Line	808-245-4144	https://ywcakauai.org/
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MAUI

Child & Family Service	808-877-6888	www.childandfamilyservice.org/programs/sats
Sexual Assault Support Service, 24-hour crisis hotline	808-873-8624	www.childandfamilyservice.org

HAWAI‘I

Child & Family Service - West Hawaii	808-323-2664	www.childandfamilyservice.org/programs/sats
Child & Family Service - East Hawaii	808-935-2188	www.childandfamilyservice.org/programs/sats
Sexual Assault Support Services Crisis Line	808-935-0677	www.ywcahawaiiisland.org

LĀNAʻI

Lānaʻi Sex Assault Crisis Line 24-Hr	866-443-5702	www.childandfamilyservice.org
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Sliding Scale Fee Agencies

OʻAHU

Catholic Charities Hawaiʻi	808-527-4470	www.catholiccharitieshawaii.org
Child and Family Service	808-681-3500	www.childandfamilyservice.org
Samaritan Counseling Center Hawaii	808-545-2740	www.samaritancounselingcenterhawaii.org

KAUAʻI

Child and Family Service	808-245-5914	www.childandfamilyservice.org
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Substance Abuse Services: see Alcohol and Drug Abuse

Support Groups: Consumers

OʻAHU

Alcoholics Anonymous Oʻahu Intergroup	808-946-1438	http://www.oahucentraloffice.org/
Alzheimer’s Association Aloha Chapter	808-591-2771	www.alz.org/hawaii
Narcotics Anonymous (NA) Hawaiʻi	808-734-4357	www.na-hawaii.org
Obsessive-Compulsive Disorder Support	808-261-6987	
United Self-Help “warm line” & support groups	808-947-5558	http://unitedselfhelp.org/

KAUAʻI

Alcoholics Anonymous on Kauai	808-245-6677	www.kauaiaa.org
Narcotics Anonymous (NA) Hawaiʻi	808-212-0114	www.na-hawaii.org
United Self-Help “warm line” & support groups	808-947-5558	http://unitedselfhelp.org/find-support/support-groups/

HAWAIIʻI

East Hawaii Intergroup of Alcoholics Anonymous (AA)	808-961-6133	www.easthawaiiiaa.org
Narcotics Anonymous (NA) – East Hawaiʻi	833-624-7463	www.na-hawaii.org
Narcotics Anonymous (NA) – West Hawaiʻi	808-769-6016	www.na-hawaii.org
United Self-Help “warm line” & support groups	808-947-5558	http://unitedselfhelp.org/find-support/support-groups/
West Hawaii Alcoholics Anonymous (AA)	808-329-1212	www.westhawaiiiaa.org

MAUI

Alcoholics Anonymous on Maui	808-244-9673	www.aamaui.org
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NAMI Hawaii	808-591-1297	https://namihawaii.org
Narcotics Anonymous (NA) Hawai'i	808-214-1239	www.na-hawaii.org
United Self-Help "warm line" & support groups	808-947-5558	http://unitedselfhelp.org/find-support/support-groups/
Maui Adult Day Care Center	808-871-5804	https://madcc.org/

Support Groups: Family

O'AHU

Al-Anon Family Groups Hawaii	808-546-5647	http://al-anonhawaii.org/
Alzheimer's Association	808-591-2771; 800-272-3900	www.alz.org/hawaii
Hawai'i Families as Allies (parents of children with behavioral disorders)	808-682-1511	www.hifamilies.org
NAMI - National Alliance on Mental Illness	808-591-1297	www.namihawaii.org
NAR-ANON (Narcotics Anonymous)	808-247-3191	www.nar-anon.org
P.A.R.E.N.T.S. Inc.	808-235-0255	www.hawaiiparents.org

KAUA'I

Al-Anon Family Groups Hawai'i	888-669-5523	http://al-anonhawaii.org/
Alzheimer's Association	808-591-2771; 800-272-3900	www.alz.org/hawaii
Hawai'i Families as Allies	808-682-1511	www.hifamilies.org

HAWAI'I

Al-Anon Family Groups Hawai'i	808-935-0971	www.al-anon.alateen.org
Alzheimer's Association	808-591-2771; 800-272-3900	www.alz.org/hawaii
Hawai'i Families as Allies	808-682-1511	www.hifamilies.org
NAR-ANON (Narcotics Anonymous)	808-247-3191	www.nar-anon.org
P.A.R.E.N.T.S. Inc. – East Hawai'i	808-934-9552	www.hawaiiparents.org
P.A.R.E.N.T.S. Inc. – Ka'u	808-333-3460	www.hawaiiparents.org

MAUI

Al-Anon Family Groups Hawaii	808-242-0296	http://al-anonhawaii.org/
Alzheimer's Association	808-591-2771; 800-272-3900	www.alz.org/hawaii
NAMI Hawaii	808-591-1297	https://namihawaii.org
NAR-ANON (Narcotics Anonymous)	808-247-3191	www.nar-anon.org

Suicide Crisis

O'AHU

Hawai'i CARES – 24 Hour Hotline 988 or <https://hicares.hawaii.gov/>
808-832-3100

NEIGHBOR ISLANDS

Hawai'i CARES – 24 Hour Hotline 988 or <https://hicares.hawaii.gov/>
800-753-6879

988 Suicide & Crisis Lifeline 988 <https://988lifeline.org/>

Suicide Prevention

STATEWIDE PREVENT SUICIDE HAWAII TASKFORCE

EMS & Injury Prevention System Branch <https://health.hawaii.gov/emsipsb/injury-prevention/suicide-prevention/prevent-suicide-hawaii-task-force/>

Prevent Suicide Hawai'i Taskforce <https://sites.google.com/hawaii.edu/pshtf/home>

Toll-free information switchboard to find any state agency phone number in Hawai'i:

O'AHU	808-586-2211
HAWAI'I	808-974-4000
KAUA'I	808-274-3141
MAUI	808-984-2400

Get connected with Department of Health Services on the Neighbor Islands :

HAWAI'I DISTRICT HEALTH OFFICES

HILO	808-974-6006
KONA	808-322-4880
WAIMEA	808-887-8114

KAUA'I DISTRICT HEALTH OFFICE

LIHUE	808-241-3495
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MAUI DISTRICT HEALTH OFFICE

WAILUKU	808-984-8200
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HAWAI‘I 24 Hour Suicide Crisis Line

O‘AHU

Hawai‘i CARES – 24 Hour Hotline	988 or 808-832-3100	https://hicares.hawaii.gov/
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NEIGHBOR ISLANDS

Hawai‘i CARES – 24 Hour Hotline	988 or 800-753-6879	https://hicares.hawaii.gov/
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National Mental Health Resources

988 Suicide & Crisis Lifeline	988	https://988lifeline.org/
American Association of Suicidology	202-237-2280	www.suicidology.org
American Foundation for Suicide Prevention	888-333-2377	www.afsp.org
American Self-Help Group Clearinghouse	800-367-6274	
Anxiety and Depression Association of America	240-485-1001	www.adaa.org
Attention Deficit Disorder Association	800-939-1019	www.add.org
Autism Society of America	800-328-8476	www.autism-society.org
Children and Adults with Attention Deficit/Hyperactivity Disorder	301-306-7070	www.chadd.org
Depression and Bipolar Support Alliance	312-642-0049	www.dbsalliance.org
Dual Diagnosis Anonymous	503-222-6484	www.ddaoforegon.com
Freedom from Fear	718-351-1717	www.freedomfromfear.org
Hospice Foundation	800-854-3402	www.hospicefoundation.org
Mental Health America (National)	800-969-6642	https://mhanational.org/
National Alliance on Mental Illness	800-950-6264	www.nami.org
National Federation of Families for Children’s Mental Health	240-403-1901	www.ffcmh.org
National Institute of Mental Health	866-615-6464	www.nimh.nih.gov
Obsessive Compulsive Foundation	617-973 5801	https://iocdf.org
Postpartum Support International	800-944-4773	www.postpartum.net
Safe Schools Coalition	206-451-7233	www.safeschoolscoalition.org
Substance Abuse and Mental Health Services Administration (SAMHSA)	877-726-4727	www.samhsa.gov
SAMHSA National Helpline 24/7	800-662-4357	https://www.samhsa.gov/find-help/national-helpline
The Trevor Project (24/7 LGBT crisis hotline)	866-488-7386	www.thetrevorproject.org
TRANS Lifeline	877-565-8860	www.translifeline.org

DEPRESSION SELF-SCREENING QUESTIONNAIRE

This screening is also available online with auto-score at: <https://bit.ly/3k3i7Gb>

This is a questionnaire* used to detect depression. Depression is a common biological illness that can affect people from all walks of life—and it is treatable.

Over the last 2 weeks, how often have you been bothered by any of the following problems?

Circle the answer – the number that describes how much you were bothered by each problem.

Add the numbers to get your totals.

Add the three totals to get your total score.

Circle the answer	Not at all	Several days	More than half the days	Nearly every day
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3
Trouble falling/staying asleep, sleeping too much	0	1	2	3
Feeling tired or having little energy	0	1	2	3
Poor appetite or overeating	0	1	2	3
Feeling bad about yourself – or that you are a failure or have let yourself or your family down.	0	1	2	3
Trouble concentrating on things, such as reading the newspaper or watching television.	0	1	2	3
Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual.	0	1	2	3
Thoughts that you would be better off dead or of hurting yourself in some way.	0	1	2	3
Add Columns	+	+	+	+
TOTAL SCORE				=

What your score means:

- 0-4 No depression 10-14 Moderate depression 20+ Severe depression
- 5-9 Mild depression 15-19 Moderately severe depression

If your score indicates you may have depression, please see your doctor or a mental health provider or call Mental Health America of Hawai'i, 521-1846 (O'AHU). If you are severely depressed and would like immediate assistance, please call Hawai'i CARES, 832-3100 (O'AHU) or 1-800-753-6879 (Neighbor Islands) or call 911. Depression is a common and treatable illness. You deserve to feel better!

*This questionnaire, the PHQ-9, is adapted from PRIME MD TODAY, developed by Drs Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke, et al, with an educational grant from Pfizer Inc. For research info, contact Dr. Spitzer at rls8@columbia.edu. PRIME MD TODAY is a trademark of Pfizer Inc.

Noticeable
restlessness or
irritability

Changes in
energy level
and sleep
patterns

Loss of interest
or pleasure
in activities

Feeling sad,
empty, hopeless,
worthless, or
guilty

TAKE A SCREEN

bit.ly/take-a-screen-hawaii

Mental health conditions, such as depression or anxiety, are real, common and treatable. Recovery is possible.

Taking a mental health screening is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition.



If you or a friend are in need of immediate assistance, please dial:

911: (Tell the call center if it is a mental health crisis)

988: 988 Suicide & Crisis Lifeline

808-832-3100: Crisis Line of Hawaii (Oahu)

800-753-6879: Crisis Line of Hawaii (Neighbor Islands)

Text ALOHA to 741-741: Crisis Text Line