Attachment for Individualized Emergency Back-Up Plan

Attach original copy to the HAP and give copy to the Member.		🗆 MFP/GHP
Member Name (Last, First):	Medicaid ID #:	Date:

Check all that apply:

□ CPR □ No CPR □ Comfort Measures Only (CMO)

Provider Orders for Life-Sustaining Treatment (POLST)
 Location of POLST copy in the home:

Yes		No		If No, explain:
-----	--	----	--	-----------------

Contact list in case a worker does not show-up (Foster substitute caregivers included)

List of individuals or agencies	who will provide emergency car	e:
Who to contact	Contact Phone Number	Contact Address

Other plans in case a critical need for personal assistance/nursing care and/or in case a worker does not show up.

Transportation back-up plan

List of people/providers who will provide transportation:

Who to contact	Contact Phone Number	Medical (MED)/
		Non-Medical Transportation (NMT)
		🗆 MED 🗆 NMT
		🗆 MED 🗆 NMT
		🗆 MED 🗆 NMT

Other plans in case of a critical need for transportation and/or in case a transport is not available.

Emergency Contact -

QI Member has a cell phone: Yes 🗌 No 🗌

QI Member has Personal Emergency Alarm System (PERS): Yes \Box No \Box

DME and life support repair/replacement back-up plan

Who to contact (Provider)	Contact Phone Number	ltem

Other plans in case of a critical need for repair and/or in case repair services are not available.

Contact list for support in a health emergency

Who to contact	Contact Phone Number	Contact Address
Ambulance/Fire	911	

If you need to report abuse and/or neglect of elderly and/or disabled individuals:

Adult Protective Services (APS)	Child Protective Services (CPS)
Oahu 808-832-5115	Oahu 808-832-5300

Contact list for support in case of emergency/disaster:

(Examples: power outage, flooding, hurricane) **Contact Phone Number** Who to contact **Contact Address** (Enter employer/work address) (Enter employer/work address) (Enter employer/work address)

Shelter in Place: Yes 🗌 No 🗌 Service Animal: Yes 🗆 No 🗆 Lives in Tsunami Evacuation Zone: Yes 🗆 No 🗆

Other plans for emergency/disaster preparedness:

Nearest shelter:

Special Needs listed:

Contact list of people who are authorized to help make decisions or sign documents for you:

(Examples: Legal Guardian, Rep Pavee, Health Care Surrogate)

Who to contact	Contact Phone Number	Contact Address

Signature of QI Member or Representative

Signature of Individual Developing the Emergency Back-Up Plan

INSTRUCTIONS FOR QI INDIVIDUALIZED EMERGENCY BACK-UP PLAN

Attachment for Individualized Emergency Back-Up Plan (REV. FEBRUARY 2024) DO NOT MODIFY FORM Original - QI Health Plan Member record Copies - QI Member/ Representative

Date

Date

Page 2 of 3

This attachment is completed if response to A3.d Emergency Plan question iv is "No".

- 1. Check the box if member is enrolled in MFP/GHP.
- 2. Enter Member Name, Member ID number, and date the attachment is being completed.
- 3. Fill in the appropriate answers.
- 4. Obtain signature from member or representative.
- 5. Obtain the signature of the individual developing the Emergency Back-up Plan.

Ensure that Individualized Emergency Back-Up Plan is updated and attached to the HAP.

ATTACHMENT FOR FINANCIAL WORKSHEET

ATTACH TO HFA

mber Name (Last, First):	Member ID #:	Date:
--------------------------	--------------	-------

	FINANCI	AL WORKSHEET	
HOUSEHOLD INCOME (+)		HOUSEHOLD EX	PENSES (-)
Monthly Income	Amount	Monthly Expenses	Amount
Salary/Wages	\$	Rent/Mortgage	\$
DHS Financial Assistance	\$	Electricity	\$
SNAP (Food Stamps)	\$	Water/Sewer	\$
Social Security	\$	Gas	\$
Section 8/Housing Choice Voucher	\$	Home Phone	\$
SSI (Supplemental Security Income)	\$	Cell Phone	\$
SSDI (Social Security Disability Insurance)	\$	Cable/Internet	\$
Child Support	\$	Food	\$
Alimony	\$	Clothing	\$
Unemployment	\$	Laundry	\$
Veteran's Benefit	\$	Car Payment	\$
TDI (Temporary Disability Insurance)	\$	Car Insurance	\$
Other Agencies/Grants	\$	Gas (car)	\$
Pension/Retirement	\$	Bus fare/pass	\$
Child Care Subsidy	\$	Car Maintenance	\$
Relative's contribution	\$	Medical Bills	\$
Other	\$	Recreation	\$
		Toiletries	\$
		Credit Card(s)	\$
		Loans(s)	\$
		Other	\$
TOTAL INCOME	\$	TOTAL EXPENSES	\$
	ې ب		Ŷ
TOTAL INCOME – TOTAL EXPENSES:	\$		
Recommendations for Financial Manageme	nt·		
Housing Assistance:			
Food Stamps:			
SSI:			

INSTRUCTIONS FOR FINANCIAL WORKSHEET

This attachment is completed if response to C1.a Finances question vi is "Yes."

1. Complete financial worksheet and/or refer to appropriate agency for financial planning or assistance as needed.

ATTACHMENT FOR SOCIAL DETERMINANTS OF HEALTH (SDOH)/SOCIAL RISK FACTORS (SRF)

ATTACH TO HFA

Member Name (Last, First):	Member ID #:	Date:
		Dutc.

Social Determinants of Health (SDOH)/Social Risk Factors (SRF)
A1. Housing
a. What is your living situation today?
1. I have a steady place to live.
2. I have a place to live today, I am worried about losing it in the future.
3. I do not have a steady place to live (I am temporarily staying with others, in a hotel, in a shelter, living outside on the street on a beach, in a car, abandoned building, bus or train station or in a park).
A2. Food
a. Within the past 12 months, you were worried that your food would run out before you got money to buy more?
1. Often true
2. Sometime true
3. Never true
B. Within the past 12 months, the food you bought just didn't last and you didn't have money to get more?
1. Often true
2. Sometime true
3. Never true
Year 2 TBD *
Year 3 TBD
Year 4 TBD
Year 5 TBD

INSTRUCTIONS for SDOH/SRF
•
 This attachment is completed if response(s) to C1.a Finances questions iv and/or v is/are "Yes." 1. Enter Member Name, Member ID number, and date the attachment is being completed.
2. Check all that apply.
• An answer where member is at risk:
 a referral or Warm Hand off should be made
• A note must be made within member case file and referral should be placed and a new task order must be added to
the HAP
Year 1
A1. HOUSING
If you receive a "Yes" for 2 and 3, then a referral should be made.
Possible Referral Sources:
Suggested Referral Sources
1.Shelter placement
2. Screening CIS (Housing Screening HFA Attachment B3.b)
3. VA services in applicable
4. Screening CCFFH (1148 Form)
5. Public Housing and Section 8
A2. FOOD
If you receive a "Yes" for 1 and 2, then a referral should be made.
Possible Referral Sources:
Suggested Referral Sources
1. Aloha United Way- 211
2. Area food banks, Local Neighborhood Place, or local church
3. WIC (any member with a child under 5 qualifies for WIC) and/or SNAP
Year 2 TBD (B)
Year 3 TBD (C) Year 4 TBD (D)
Year 5 TBD (E)

ATTACHMENT FOR ASTHMA/COPD/RESPIRATORY/TRACHEOSTOMY/VENTILATOR

ATTACH TO HFA		
Member Name (Last, First):	Member ID #:	Date:
F1.1 Asthma		
This attachment is completed if it has been identified	in Section F1. Disease Diagnosis(es)	•
a. Asthma		
 Briefly describe your current respiratory symp 		
Are your symptoms getting better or worse in	the last 12 months?	
3. Do you use a peak flow meter?		🗆 Yes 🗆 No
4. How often do you use a peak flow meter?		
5. Do you have a rescue inhaler?		□Yes □No
6. How often do you use your rescue inhaler?		
Do you use a nebulizer?		🗆 Yes 🗆 No
8. How often do you use your nebulizer?		
9. Do you know what triggers your respiratory co	ondition?	🗆 Yes 🗆 No
10. List your respiratory triggers.		
11. Are you having difficulty sleeping at night due	to respiratory symptoms?	🗆 Yes 🗆 No
12. Do you have difficulty performing activities of	daily living (ADLs) due to respiratory	symptoms? 🗆 Yes 🗆 No
If yes, do you receive help from family or is th	ere a plan in place for managing your	respiratory
condition?		□Yes □ No
13. Explain your plan.		
b. Comments – Identify any risk factors:		
F1.1 Chronic Obstructive Pulmonary Disorder (COPD)	
	,	
This attachment is completed if it has been identified	in Section F1. Disease Diagnosis(es)	

a. COPI		
1.	Briefly describe your current respiratory symptoms.	
2.	Are your symptoms getting better or worse in the last 12 months?	
3.	Do you use a peak flow meter?	🗆 Yes 🗆 No
4.	How often do you use a peak flow meter?	
5.	Do you have a rescue inhaler?	🗆 Yes 🗆 No
6.	How often do you use your rescue inhaler?	
7.	Do you use a nebulizer?	🗆 Yes 🗆 No
8.	How often do you use your nebulizer?	
9.	Do you know what triggers your respiratory condition?	🗆 Yes 🗆 No
10	. List your respiratory triggers.	
11	. Are you having difficulty sleeping at night due to respiratory symptoms?	🗆 Yes 🗆 No
12	. Do you have difficulty performing activities of daily living (ADLs) due to respiratory symptoms?	🗆 Yes 🗆 No
	If yes, do you receive help from family or is there a plan in place for managing your respiratory	
	condition?	🗆 Yes 🗆 No
13	. Explain your plan.	
14	. Do you use supplemental oxygen?	□Yes □ No
15	. Oxygen Flow rate LPM	
16	. Mode of oxygen delivery.	
b. Com	ments – Identify any risk factors:	

INSTRUCTIONS FOR ASTHMA, COPD

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. ASTHMA
 - a. Answer questions 1-13.
 - b. In the comments section, include all risk factors.
- 3. COPD
 - a. Answer questions 1-16.
 - b. In the comments section, include all risk factors.

Member Name:	Member ID #:	Date:		
F1.1 and/or G4.f Respiratory/Tracheostomy/Ventilato	r			
This attachment is completed if:	ation 51 Discuss Dimensio(as) and/or	_		
•	ection F1. Disease Diagnosis(es), and/or	r		
b. in Section G4.f, box x is che	скеа			
a. Respiratory/Tracheostomy/Ventilator				
1. Do you have a tracheostomy? 🗌 Yes 🗌 No				
If yes, do you use a ventilator? 🗆 Yes 🗆 No				
If yes, be sure to document the settings on the he	ealth action plan.			
2. Do you use supplemental oxygen? Yes No				
If yes, check appropriate box: \Box Continuous \Box				
3. Is your oxygen level monitored by pulse oximeter				
If yes, what are the orders for calling the doctor or using oxygen?				
4. Do you require? 🛛 CPAP 🗆 BIPAP 🗆 N/A				
5. How many hours each day or night do you use CP	AP or BiPAP?			
6. Do you see a pulmonologist? 🗆 Yes 🗆 No				
If yes, how long has it been since you had a check	<pre>kup with the pulmonologist?</pre>			
7. If you require life sustaining equipment, is there a	a back-up plan? 🛛 Yes 🗌 No			
(Note: If member has not seen a pulmonologist, assist	the member to make an appointment.	If member refuses,		
document along with any barriers, such as transportation	on, that need problem solving. May rec	quire a call to the PCP to		
check and see if pulmonology consult is needed.)				
b. Comments - Identify any risk factors:				

INSTRUCTIONS FOR RESPIRATORY/TRACHEOSTOMY/VENTILATOR

- 1. RESPIRATORY/TRACHEOSTOMY/VENTILATOR
 - a. Enter Member Name, Member ID number, and date the attachment is being completed.
 - b. Answer questions 1-16.
 - c. In the comments section, include all risk factors.

ATTACHMENT FOR CANCER

ATTACH TO HFA						
Member Name (Last, First):	Member ID #:	Date:				
F1.2 Cancer						
This attachment is completed if it has been identified	in Section F1. Disease Diagnosis(es,).				
a. Cancer						
 Are you currently being treated for cancer? 		🗆 Yes 🗖 No				
2. Type of Cancer.	2. Type of Cancer.					
3. Describe your current status.						
b. Comments - Identify any risk factors:						

INSTRUCTIONS FOR CANCER

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Answer questions 1-3.
- 3. In the comments section, include any risk factors.

ATTACHMENT FOR DIABETES

Member Name (Last, First):		Member ID #:	Date:
F1.3 Diabetes			
This attachment is completed if it	has been identified in Sec	tion F1. Disease Diagnosis(es).	
a. Diabetes			
1. Briefly describe your curre	nt symptoms related to yo	our diabetes.	
2. Do you currently monitor y	our blood sugar levels?		🗆 Yes 🗆 No
3. How often is blood sugar b			
4. What is your usual blood s	ugar range?		
5. What is your Glycohemogle	obin or A1C level?		
6. Has your doctor set a goal			🗆 Yes 🗆 No
7. What is your doctor's reco	•		
8. Is there a plan in place for	managing blood sugar lev	els?	🗆 Yes 🗆 No
•	If Yes, explain.		
9. Are you on insulin?			🗆 Yes 🗆 No
If Yes, how do you adminis			
10. Do you sense when your b	-		🗆 Yes 🗆 No
If Yes, what are your symp			
11. Do you sense when your b		?	🗆 Yes 🗆 No
If Yes, what are your symp			
12. How do you manage your l	•		
13. Do you have blood pressur	e, heart, kidney, or circula	atory problems?	🗆 Yes 🗆 No
If Yes, explain.			
14. Have you had an eye exam			□Yes □ No
		sores, swelling, tingling or discoloration?	
16. Are your feet regularly che			□Yes □ No
17. Do you have any amputation			🗆 Yes 🗆 No
If Yes, describe location(s).			

INSTRUCTIONS FOR DIABETES

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Answer questions 1-17.
- 3. In the comments section, include any risk factors.

At any point you identify the member has a problem or is at Risk for diabetes, a new task order must be added to the HAP.

ATTACHMENT FOR End-Stage Renal Disease (ESRD)

			Data
Viemb	er Name (Last, First):	Member ID #:	Date:
1 / En	d-Stage Renal Disease (ESRD)		
-1.4 CII	a-stage Kellal Disease (ESKD)		
his att	achment is completed if it has been identified in Se	ction F1. Disease Diagnosis(es).	
. ESRD			
1.	When were you diagnosed with renal failure?	/ /	
2.	Are you currently receiving dialysis? If Yes, comple	ete the following questions:	🗆 Yes 🗆 No
	i. Facility Name:		
	ii. Location:		
	iii. Telephone:		
3.	What type of dialysis is currently being used?		
	□i. Peritoneal dialysis		
	□ii. Hemodialysis		
	□iii. Other:		
	If peritoneal dialysis, who is assisting with your dia	lysis?	
5.	Dialysis frequency:		
	□i. Daily		
	\Box ii. Three times per week		
	□iii. Other:		
6.	Current access type for dialysis:		
	🗌 i. AV Fistula		
	□ii. AV Graft		
	🗆 iii. Vas Cath		
7.	Site most used:		
	□i. AV Fistula		
	□ii. AV Graft		
	🗆 iii. Vas Cath		
8.	Have you missed 1 or more dialysis appointments i	in the last 30 days?	🗆 Yes 🗆 No
	If Yes, explain.		
	How do you get to your dialysis appointments?		
	Do you have help after your dialysis treatments?		
11.	Do you experience any problem(s) with your dialys	is treatments?	🗆 Yes 🗆 No
	If Yes, explain.		

INSTRUCTIONS FOR ESRD

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Answer questions 1-13.
- 3. In the comments section, include any risk factors.

At any point you identify the member has a problem, is at risk or needs a referral, a new task order must be added to the HAP.

ATTACHMENT FOR HEPATITIS B and C

ATTACH TO HFA

Member Name (Last, First):	Member ID #:	Date:
F1.5 Hepatitis		
This attachment is completed if it has been identified in Section	F1. Disease Diagnosis(es	5).
a. Hepatitis		
1. Briefly describe your current symptoms related to your	condition.	
2. Are you experiencing any side effects from the medicati	ons?	🗆 Yes 🗆 No
3. Do you know which type of Hepatitis (A, B, or C) you have	ve?	□A □ B □ C
4. If you have Hepatitis B or Hepatitis C, have you received	treatment?	□Yes □ No
b. Comments - Identify any risk factors:		

INSTRUCTIONS FOR HEPATITIS B and C

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Answer questions 1-4.
- 3. In the comments section, include any risk factors.

ATTACHMENT FOR HIGH BLOOD PRESSURE

ATTACH TO HFA

Member Name (Last, First):	Member ID #:	Date:
F1.6 High Blood Pressure		
This attachment is completed if it has been identified in Section F	1. Disease Diagnosis(es).	
a. High blood pressure		
1. Briefly describe your current symptoms related to your high	h blood pressure.	
2. List symptoms that would indicate you need immediate help for high blood pressure.		
(i.e., chest pressure/discomfort, shortness of breath, head	ache etc.)	
3. Do you currently monitor your blood pressure levels?		🗆 Yes 🗆 No
How often is blood pressure being monitored?		
5. Has your doctor set a goal for your blood pressure range?		🗆 Yes 🗆 No
6. What is your doctor's recommended blood pressure range		
7. Is there a plan in place for managing blood pressure?		🗆 Yes 🗆 No
If yes, explain.		
8. Do you have high blood sugar, kidney, or circulatory probl	ems?	🗆 Yes 🗆 No
If yes, explain.		
b. Comments - Identify any risk factors:		

INSTRUCTIONS FOR HIGH BLOOD PRESSURE

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Answer questions 1-8.
- 3. In the comment section, include all risk factors.

ATTACH TO HFA

ATTACHMENT FOR HEART DISEASE

Mem	ber Name (Last, First):	Member ID #:	Date:		
F1.1 aı	F1.1 and/or G4.f. Heart Disease				
This at	tachment is completed if:				
	a. it has been identified in Section F1. Disease D	• • • •			
	b. in Section G4.f, any of the boxes i-x is/are che	cked			
a. Hea	t Disease				
1.	Do you have a heart condition?		□Yes □ No		
	If Yes, explain.				
2.	Have you had any heart surgeries?		🗆 Yes 🗆 No		
	If Yes, what are the type(s) and dates of your heart proc	edure(s), e.g., valve surgery, cathe	terization.		
	Heart Procedure: Date:	/ /			
	Heart Procedure: Date:	/ /			
3.	If positive for history of chest pain, answer the following	<u>;</u>			
	How would you describe your chest pain?				
	When do you experience the chest pain?				
	What relieves your chest pain?				
	Do you get tired easily when walking short distances or	•	□Yes □ No		
5.	 How do you know that your heart condition is getting worse (i.e., weight gain, shortness of breath, swelling of lower extremities, angina, lightheadedness, etc.) 				
6.	Do you regularly check your weight?		🗆 Yes 🗆 No		
7.	Do you regularly check your blood pressure?		🗆 Yes 🗆 No		
8.	Do you regularly check your pulse?		🗆 Yes 🗆 No		
b. Com	b. Comments - Identify any risk factors:				

INSTRUCTIONS FOR HEART DISEASE

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Answer questions 1-8.
- 3. In the comments section, include all risk factors.

□Yes □ No

ATTACHMENT FOR HIV/AIDS

ATTACH TO HFA				
Member Name:	Member ID #:	Date:		
F1.8 HIV/AIDS				
This attachment is completed if it has been identified in Section F1. Disease Diagnosis(es).				

a. HIV/AIDS

1. Identify the current stage of your disease (HIV/AIDS)

- \Box i. Acute Infection
- □ii. Clinical latency (inactivity or dormancy)
- 🗌 iii. AIDS

□iv. Unknown

- 2. Briefly describe your current symptoms related to your condition.
- 3. Experiencing any side effects from the medications?

b. Comments - Identify any risk factors:

INSTRUCTIONS FOR HIV/AIDS

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Please select the stage of disease. If a referral is needed, it can be dictated by the stage of disease and/or symptoms.

Below are referral suggestions:

- Behavioral Health
- Case Management
- Nutrition
- Peer Support
- Primary care and/or Infectious Disease
- Health Coordinator and/or Social Worker
- Substance Abuse Screening and/or Counseling
- Legal Aid Society
- Hawaii Health and Harm Reduction Center
- 2. Members who report symptoms should be referred to a medical provider for evaluation.

3. Members who report medication side effects should be referred to a medical provider for evaluation.

- 4. In the comments section, risk factors include conditions that can lead to:
 - 1. Deterioration of disease condition.

2. Exposure to vulnerabilities in social determinants of health (SDOH) which can impact the member's wellbeing.

At any point you identify the member has a problem, is at risk or needs a referral, a new task order must be added to the HAP.

ATTACHMENT FOR SEIZURES

ATTACH TO HFA

Member Name (Last, First):	Member ID #:	Date:
F1.9 Seizures		
This attachment is completed if it has been identified in	Section F1. Disease Diagnosis(es).	
a. Seizures		
1. Describe what happens when you have seizure(s):	
How often do you have seizures?		
3. When did you last see a doctor about your seizu	res?	
4. Have you had any change in your symptoms or s	eizures that your doctor is not aware of?	🗆 Yes 🗆 No
5. Are there things that can cause your seizures suc	h as fever, bright lights, not taking medici	nes on time, and certain
illnesses?		🗆 Yes 🗆 No
If yes, describe.		
6. Do you usually know when a seizure is going to h	appen?	🗆 Yes 🗆 No
If yes, describe.		
When was the last time you had a seizure?		
8. How long does the seizure usually last?		
9. Do others living with you know what to do to kee	ep you safe when you have a seizure?	🗆 Yes 🗆 No
If yes, describe.		
10. Have you been told by your doctor when to call 9	911?	🗆 Yes 🗆 No
If yes, describe.		
11. Have others living with you been trained in CPR?		🗆 Yes 🗆 No
b. Comments – Identify any risk factors:		

INSTRUCTIONS FOR SEIZURES

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Answer questions 1-15.
- 3. In the comments section, include all risk factors.

ATTACHMENT FOR MEDICATIONS

Membe	r Name (La	st, First):			Ме	mber ID #:			Date:
F3.3 Med	ications								
This attac	hment is co	mnleted if r	esnonse	to F3 Me	dications au	estion iii is "Yes."			
			csponse						
Pharmacy Delivered	Pharmacy: Delivered: Yes 🗌 No 🗆				Address: Mailed: Yes				Phone:
4]]	f taking anti- bast seven (7 Routine PRN Routine a	') days?	anti-anxi	iety, or ar	nti-depressan	ts, how often do yo	ou take th	nese pres	scribed medications in the
[☐ Yes	more than v	what is p	rescribed	by your doct	or?			
	☐ No☐ No response	nse							
[Are you takin Yes No No respo		dications	to mana	ge your beha	vioral symptoms?			
	What types c symptoms?	of non-pharr	nacologi	cal intervo	entions do yc	ou do before you ta	ke this m	edicatio	n to manage behavior
[🗌 Yes. Date	e of last atte	mpted d	ose reduc		edication? contraindicated, d	ate:		
					Prescriptio	n Medication			
Medicat	tion Name	Reason	Dose	Route	Frequency	Prescribing Provider	Com Yes	pliant No	Comments/Barriers

STATE OF HAWAII Department of Human Services

				Over The C	ounter (OTC)				
		List	vitamins,	supplements	, herbal or OTC me	dications	5		
OTC Name	Reason	Dose	Route Free	Frequency	Route Frequency	Prescribing	Com	oliant	Comments/Barriers
					Provider	Yes	No		

INSTRUCTIONS FOR MEDICATIONS

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Answer questions 1-5.
- 3. List all prescribed and OTC medications, herbal, supplements, vitamins and complete the table provided.

ATTACHMENT FOR COGNITION

АТТАСН ТО Н	FA					
Member Na	ame (Last, First):		Member ID #:		Date:	
G1.a Cognition	Assessment					
This attachme	nt is completed if Men	nber is identified as diso	riented or 65+ in G1.a Cognitio	on.		
a. Word Regist	ration	b. Clock Dra	wing	c. Word Recall		
	to repeat:	1. Dr	aw a clock	1. Abilit	ty to recall:	
	<u>-</u>	2. Pla	ace numbers where they go		_	
	-	3. Se	t hands to 10 past 11		_	
	-				_	
🗆 i.	None			🗆 i.	None	
🗆 ii.	One Correct			🗆 ii	i. One Correct	
🗆 iii.	Two Correct			🗆 ii	ii. Two Correct	
🗆 iv.	Three Correct				iv. Three Correct	
Version 1	Version 2					
Banana	Leader					
Sunrise	Season					
Chair	Table					
Version 3	Version 4					
Village	River					
Kitchen	Nation					
Baby	Finger					
Version 5	Version 6	1				
Captain	Daughter					
Garden	Heaven					
Picture	Mountain					
b. Comments -	Identify any risk factor	rs:				

INSTRUCTIONS FOR MINI-COG ASSESSMENT

a. Ask member to repeat three (3) words from the versions listed on the left. Ask member to remember the words as s/he will be asked to repeat them later in assessment. Assessor must document words used and how many words member was able to repeat. If member is unable to repeat the words after three attempts, move on to step b. clock drawing.

b. HC to draw a circle on paper, then asks member to draw a clock and place the numbers where they go. Tell member to draw the hands of the clock to 10 past 11. If member is unable to complete within 3 minutes, move on to step c. word recall. Repeat instructions as needed as this is not a memory test.

A normal clock = two (2) points, has all numbers in correct sequence, with appropriate correct positions, with no missing or duplicate numbers, and hands pointing to 11 and 2. The hand length is not scored. Inability or refusal to draw clock = (abnormal = 0 points).

c. Ask member to repeat three (3) words that they were asked to remember. One (1) point for each word spontaneously recalled without cueing. None- Zero (0) points = Demented, symptoms of dementia, 3 points = no symptoms of dementia.

d. Interpretation of Score: Maximum score is five (5). PASS \geq 4; FAIL = 3 or less.

Note: If concerns are identified through this assessment, and the member does not have a cognitive impairment diagnosis, HC should refer member to PCP for further evaluation.

At any point you identify the member has a cognitive problem or you suspect cognitive impairment diagnosis is needed, a new task order must be added to the HAP.

ATTACHMENT FOR PHQ-9

Member Name (Last, First):	Member I	D #:		Date:			
G3.a PHQ-9 This attachment is completed if responses to Section G3. Mood, Behavior, and Psychological Well-Being Member question a. PHQ-2 scored 3 or greater.							
Depression (PHQ-9) Foundation (FOR A Over the LAST 2 WEEKS, how often have yo of the following problems:		None (0)	Several Days (1)	More than half the days (2)	Nearly every day (3)		
1. Little interest or pleasure in doing	things						
2. Feeling down, depressed, or hope	ess						
3. Trouble falling or staying asleep, o	r sleeping too much						
4. Feeling tired or having little energy	/						
5. Poor appetite or overeating							
6. Feeling bad about yourself or that let yourself or your family down	you are a failure or have						
7. Trouble concentrating on things, s newspaper or watching television	uch as reading the						
 Moving or speaking so slowly that noticed. Or the opposite- being so you have been moving around a lo 	fidgety or restless that						
 Thoughts that you would be bette yourself in some way 							
	Sub Score						
Are there concerns identified through this as □ Yes □ No	sessment and the membe	r does no	t yet have a Beh	avioral Health o	diagnosis?		
If Yes, check below. Refer member to a Primary Care Phy Member declined referral. Comments:	sician (PCP) for further eva	luation.					

INSTRUCTIONS FOR PHQ-9

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Code items 1-9 following the guideline below:

Not at all – No problems. Several days – Has been bothered at least 1-6 days. More than half the days – Has been bothered at least 7-11 days. Nearly every day – Has been bothered at least 12-14 days.

- 3. For scoring: Add score for questions 1-9. Enter 2 digits for total score. Score may be 00-27. Use zero (0) as a filler digit. If unable to complete and unable to evaluate, enter 99.
 - i. None Zero (0) points
 - ii. Several days 1 point
 - iii. More than half the days 2 points
 - iv. Nearly every day 3 points
- 4. Interpretation of score: Any score greater than or equal to 5, refer member to PCP for further evaluation.

At any point you identify the member has Behavioral Health need as indicated within the PHQ-9 Attachment, a new task order must be added to the HAP.

ATTACHMENT FOR FALL RISK ASSESSMENT

ATTACH TO HFA		
Member Name (Last, Name):	Member ID #:	Date:
G4.b Fall History		

This attachment is completed if Member is 18 or older and had one fall with injury or had at least 2 falls in the past year
as identified in Section G4.b Fall History.

Definition: A fall is defined as a sudden, unintentional change in position causing an individual to land at a lower level, on an object, the floor, or the ground, other than as a consequence of a sudden onset of paralysis, epileptic seizure, or overwhelming external force.
Note: All components do not need to be completed during a single encounter but should be documented in the Member record as having been performed

FALL RISK ASSESSMENT						
☐ Member refuses to participate in the fall risk assessment. Stop here.						
1. Balance/gait assessment	Please refer to HFA G4.b: Fall history:					
i) Documentation of observed transfer and walking.	□ Impaired balance/gait identified and documented.					
	□ Yes. □ No.					
2. Vision assessment	Please refer to HFA G2.a: Vision:					
i) Documentation that member is functioning well with vision or	Impaired vision identified and documented.					
not functioning well with vision based on discussion with the Member	□ Yes. □ No.					
3. Home fall hazards assessment	Please refer to HFA Section E: Home hazards:					
i) Documentation of inquiry of home fall hazards.	Home hazards identified and documented.					
	□ Yes. □ No.					
4. Medication assessment	Please refer to HFA Section F3.vii: Medications:					
 Documentation on whether or not medications are a contributing factor to falls 	Medications are documented as contributing factor to falls.					
contributing factor to falls.						

INSTRUCTIONS FOR FALL RISK ASSESSMENT

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Answer questions 1-4.

At any point you identify the member has had or is at Risk for a fall, follow special instructions on the HAP.

ATTACHMENT FOR TOBACCO AND/OR CAGE AID

ATTACH TO HFA						
Member Name (Last, First): Member ID #:	Date:					
Tobacco Screening Tool						
Question	Answer					
Have you ever used Tobacco/Nicotine products?						
Tobacco/ Nicotine Use Status						
At what age did you first use tobacco/ Nicotine product(s)?						
In the past 30 days, what tobacco/ Nicotine products did you use most frequently?						
Other (Please Describe)						
In the past 30 days, how often did you use tobacco/ Nicotine products per week?						
In the past 30 days, how many times did you use (smoke) tobacco/ Nicotine products per						
week?						
Have you ever tried to quit or thought about quitting?						
Do you want to quit?						
INSTRUCTIONS for Clinical Staff						
If member indicates that they have been using or want/tried to quit, a Referral to Plans Tobacco Cessation prop	gram should be offered.					
Please note that those that are within the Priority Group must receive a Tobacco screening and Educational Interview	formation from either inhouse					
Tobacco Cessation program.						
A note must be found within member case file.						
At any point you identify the member has a problem with Tobacco, a new task order must be added to the H	IAP.					
Who is in the Priority Group ?						
1. Pregnant, Breast-Feeding Woman, and Parent's with child/children under the age of 5 years old.						
2. Any member with a major medical condition that if they continue to use, they are either at risk or it is life o	or death to continue to use. These					
people are those who have diagnosis of:						
a. Lung Diseases (COPD, Asthma, Emphysema)						
b. Cancer						
3. Any other medical issues that continue uses of Tobacco products will result in risk of death, serious injury or furt	ther serious medical					
complications.						

ATTACHMENT FOR TOBACCO AND/OR CAGE AID

C.A.G.EA.I.D.	+		
<u>Cut, Annoyed, Guilty & Eye Opener-Ada</u>	pted to Include Dr	Jgs	
Instructions: Answer Yes or No to each of the following questions as it	related to the last 12 months of	of your life.	
Questions	Туре	Answer	Score
1. Have you ever felt you ought to cut down on your drinking or drug u	1se?		
Notes (List Name of Other Substances Used)		1 	
2. Have people annoyed you by criticizing your drinking or drug use?			
Notes (List Name of Other Substances Used)			
3. Have you ever felt bad or guilty about your drinking or drug use?			
Notes (List Name of Other Substances Used)			
4. Have you ever had a drink or used drugs first thing in the morning to nerves or get rid of a hangover (eye-opener)?	steady your		
Notes (List Name of Other Substances Used)			
		Total Score:	
Attachment For Tobacco and/or CAGE AID (FEB 2024) DO	NOT MODIFY FORM	Page 2 of 3	

ATTACHMENT FOR TOBACCO AND/OR CAGE AID

Instructions for Scoring

- Item responses on the CAGE-AID questions are scored **<u>0 for "no"</u>** and **<u>1 for "yes</u>"** answers.
- Place Sore in score box with total score in the bottom.
- A total score of two (2) or greater is considered clinically significant. Unless member is a part of the **Priority group**, which makes a score of one (1) or greater.
- Type: Please select all types of substance used as it relates to the question being asked.
- If member reports using a drug that is not listed, please write this down on the gray "Notes" section

**** Motivation Interviewing skills are necessary to complete this tool. ****

INSTRUCTIONS for Clinical Staff

- A score of 2 or more may indicate clinically significant alcohol or drug problems a referral needs to be made to either inhouse SUD treatment services or to HAWAII CARES for a complete screen and determination if member needs SUD services
- Please note that those that are within the **Priority Group** must receive a SUD screening from either inhouse SUD treatment services or to HAWAII CARES at score of 1 or more
- A note must be found within member case file
- At any point you identify the member has a problem with Substances, a new task order must be added to the HAP.

Who is in the **Priority Group**?

- 1. Pregnant, Breast-Feeding Woman, and Parent/s (single parent or both parents) are using substances and have child/children under the age of 5 years old and are the primary caretaker.
- 2. HIV/AIDS positive member
- 3. Any member with a major medical condition that if they continue to use, they are either at risk or it is life or death to continue to use. These people are those who have diagnosis of
 - a. Liver Failure (Cirrhosis)
 - b. Kidney Diseases
 - c. Any other medical issues that continue uses of Alcohol or Other Substance use will result in risk of death, serious
 - injury or further serious medical complications.

ATTACHMENT FOR PREGNANCY

ATTACH TO HFA Member Name (Last, First):	Member ID #:		Data
Member Name (Last, First):	Member ID #:		Date:
G9.a Pregnancy			
This attachment is completed if response in Section G9.a	Reproductive Health question i is '	"Yes".	
a. Pregnancy Only			
1. Expected Date of Delivery / /			
2. Is this a planned pregnancy?	1	🗆 Yes	
3. Would you like information or resources regardir		□ Yes	
4. Would you like information or resources regardir	a programou or paranting?	□ Yes	
5. Date of Last Menstrual Period / /			
6. Are you receiving prenatal care?			
			□ No. If No, refer to prenatal
7. Date of First Prenatal Visit / /	1	provide	er and maternity program
8. Date of Most Recent Prenatal Visit / /			
9. Identify your prenatal care provider(s)			
□ i. OB/GYN			
□ ii. Midwife			
□ iii. Other			
10. How do you get to your scheduled appointments	2		
11. If appointments are missed, describe the barriers			
11. In appointments are missed, describe the barriers	vanieuties related to this:		
12. Total number of pregnancies:			
13. Total number of births:			
14. Any history of pregnancy/delivery complications?		🗆 Yes	
If yes, explain.			
15. Any current complications or is considered a high	risk pregnancy?		
If yes, explain.		□ Yes	
16. What are your plans for delivery?			
17. What are your plans after delivery?			
18. Are you planning on breast feeding?		□ Yes	
19. Are there other help after delivery?			
If yes, explain.		🗆 Yes	
20. Do you have plans for use of birth control after d	elivery?		
	-	⊔ Yes	🗆 No 🖾 Unknown
b. Comments - Identify any risk factors:			

INSTRUCTIONS FOR PREGNANCY ATTACHMENT

- 1. Enter Member Name, Member ID number, and date the attachment is being completed.
- 2. Answer questions 1-20.
- 3. In the comment section, include all risk factors.

At any point you identify the member has a problem or falls into a HIGH-RISK, a new task order must be added to the HAP.

ATTACHMENT FOR IADLs and ADLs

ATTACH TO HFA and HAP						
Member Name (Last, First):	Member ID #:	Date:				

G10.b Instrumental Activities of Daily Living (IADLs)					
		Independent	Minimal	Moderate	Total
(COMPLETE IADLs for ADULTS ONLY)		macpendent		moderate	. eta.
1.	Routine house cleaning				
2.	Laundry (washing, drying, ironing, mending)				
3.	Shopping/Errands				
4.	Transportation/Escort				
5.	Meal Preparation				
6.	Companion				
7.	Other: 🗌 NA				
c. Activities of Daily Living (ADLs) (Complete for Adults and Children)		Independent	Minimal	Moderate	Total
1.	Eating/Feeding				
2.	Bathing				
3.	Dressing upper body				
4.	Dressing lower body				
5.	Grooming/Personal hygiene				
6.	Hair and skin care				
7.	Toileting (do not include transfer and ambulation)				
8.	Walks with or without assistive device. Identify assistive device(s):				
9.	Do you have difficulty accessing areas of your house? □ Yes □ No				
10	Bed Mobility/Transfers				
11	Manual wheelchair mobility 🛛 NA				
12	Medication assistance 🛛 NA				
13	Other: 🗌 NA				
d. Activity/Mobility/Exercise. Document your observations of member, e.g., able to walk, uses assistive devices, etc.					
e. Comments – Identify any risk factors					

INSTRUCTIONS FOR IADLs and ADLs

For G10.a - - IADLs: Complete for Adults only

Identify the degree of assistance needed to complete IADLs. If minimal, moderate, or total is checked and the assessor has determined that the member meets the requirements for services, complete Personal Assistance Tool to determine allotted hours.

- 1. Routine House Cleaning How routine house cleaning (bathroom, kitchen, bedroom, change linen, make bed, and empty trash can) is performed. Check appropriate box to indicate degree of assistance needed.
- 2. Laundry How laundry (washing, drying, ironing, mending) is performed. Check appropriate box to indicate degree of assistance needed.
- 3. Shopping and Errands How shopping and errands are performed (exclude transportation). Check appropriate box to indicate degree of assistance needed.
- 4. Transportation/Escort How transportation with escort is performed. Check appropriate box to indicate degree of assistance needed.
- 5. Meal Preparation How meals are prepared. Check appropriate box to indicate degree of assistance needed.
- 6. Companion Accompanying member on daily task that helps to accomplish daily living skills/task. Check appropriate box to indicate degree of assistance needed.
- 7. Document other functions not described above, e.g., light yard work, simple home repairs. If not applicable, check "NA".

Definitions-

- i. Independent No assistance, set up, or supervision.
- ii. **Minimal –** Able to complete some tasks with assistance, includes oversight, encouragement or cueing, or supervision.
- iii. **Moderate** Able to complete some tasks but needs assistance with most of task to complete the task.
- iv. **Total** Unable to complete the task and needs total assistance to complete the task.

For G10.a - - ADLs: Complete for Adults and Children

Identify the degree of assistance needed to complete ADLS. If minimal, moderate, or total is checked and the assessor has determined that the member meets the requirements for services, complete Personal Assistance Tool to determine allotted hours.

- 1. Eating/Feeding- How eating/feeding and drinking are performed (regardless of skills). Check appropriate box to indicate degree of assistance needed.
- 2. Bathing- How bathing is performed (exclude washing back and hair). Check appropriate box to indicate degree of assistance needed.
- 3. Dressing upper body- How dressing and undressing upper body is performed. Check appropriate box to indicate degree of assistance needed.
- 4. Dressing lower body- How dressing and undressing lower body is performed. Check appropriate box to indicate degree of assistance needed.
- 5. Grooming/personal hygiene- How grooming and personal hygiene is performed (exclude bath and shower). Check appropriate box to indicate degree of assistance needed.
- 6. Toileting- How toilet is used (excludes toilet transfer). Check appropriate box to indicate degree of assistance needed.
- 7. Walks with or without assistive device- How member walks with or without assistive device inside and outside of home. Check appropriate box to indicate degree of assistance needed. If member walks using assistive device(s), document assistive device. Refer to Appendix B. Enter 2 digits for assistive device. If "Other" enter 99 and document assistive device.
- 8. Check "Yes" or "No" to indicate whether member has difficulty accessing areas of house. If yes, document response.
- 9. Bed Mobility/Transfers- How member moves between surfaces including to/from bed, chair, wheelchair, standing position. Check appropriate box to indicate degree of assistance needed.
- 10. Manual wheelchair mobility- how member moves while in the wheelchair. Check appropriate box to indicate degree of assistance needed. If not using wheelchair, check "NA"
- 11. Medication Assistance- How medications are managed. Check appropriate box to indicate degree of assistance needed. If not taking any medications, check "NA"
- 12. Document other functions not described above, i.e., checking, and reporting any equipment or supplies that need to be repaired or replenished, taking and recording vital signs including blood pressure. If not applicable, check "NA"

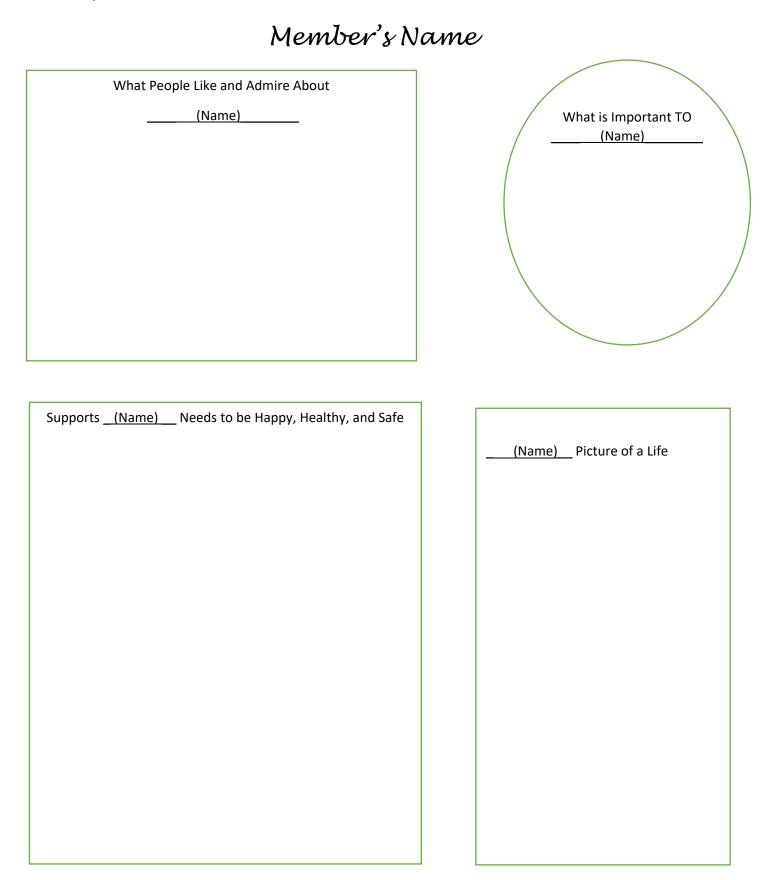
Definitions-

- i. Independent- No assistance, set up, or supervision
- ii. Minimal- Able to complete some tasks with assistance, includes oversight, encouragement or cueing, or supervision
- iii. Moderate- Able to complete some of task but needs assistance with most of task to complete.
- iv. Total Unable to complete tasks on own or needs total assistance to complete the task

For G10.a - - **Activity/Mobility/Exercise:** Assess and document physical activity. HC and provider(s) must be able to identify progress or decline of physical activity/exercise. Document your observations of member, e.g., able to walk, uses assistive device, etc.

For G10.a - - Enter additional comments as needed and identify any risk factors.

At any point you identify the member has IADLs and ADLs need, all items must be added to the HAP.



Member's Name

- a. Can you tell me what is important TO you to be satisfied, content, comforted, fulfilled, and happy?
- b. Can you tell me what is important FOR you to be healthy, safe, and valued in your community?
- c. Can you tell me about any daily rituals that help create a positive experience and a good day for you (i.e., morning or nighttime rituals, arriving at work, school, or training rituals, arriving at home rituals, Sunday or regular weekly rituals, birthday, holiday or celebration rituals, or comfort rituals)?
- d. Can you tell me about any things that do not help create a positive experience and a bad day for you (i.e., things that throw your day off, made you frustrated, people who made it challenging, or was boring or took the fun out of it)?

Or, this:

d. Can you tell me about any things that create a negative experience and a bad day for you (i.e., things that throw your day off, made you frustrated, people who made it challenging, or was boring or took the fun out of it)?

INSTRUCTIONS FOR ONE PAGE DESCRIPTION

This attachment is completed for all Members.

Document member's response to the questions. Member, family, caregivers, and HC to create this one-page profile of member.

- 1. Answer questions <u>a to d</u> below.
- 2. What people like and admire about <u>member</u>.
- 3. What is important to member.
- 4. Supports <u>member</u> needs to be happy, healthy, and safe.
- 5. <u>Member's picture of a life.</u>

Ensure that One Page Description is updated and attached to the HAP.

EXAMPLE OF ONE PAGE DESCRIPTION

(Member Name)

What People Like and Admire About

(Member Name)

- Is always smiling
- Totally accepts people
- WONDERFUL personality
- Stylish
- Accepting and forgiving
- Resilient
- Great sense of humor
- Friendly and social

Supports (Member Name) Needs to be Happy, Healthy, and Safe

• Always have her head elevated

• To be suctioned frequently (5-6 times per shift), Gurgling noises means she needs to be suctioned

• To have people be kind, sensitive, loving and a gentle touch

• Be gentle with brushing her hair (she doesn't like it, but wants it to always look nice)

• Always make sure her clothes match and make sure it's not sweat clothes

• Tammy needs to be repositioned every two hours

• Always follow through with a promise or give an explanation of what is going on and when you can keep the promise if something comes up

• Be sure to have Tammy use her body to keep flexible

• Check amount of color of urinary output at every change

