

State of Hawaii  
Department of Human Services  
MED-QUEST DIVISION

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**MEDICAID STATE PLAN**

**SPA MEMO NO.:** 24-02


**DATE:** 08/08/25

**ORIGINATOR:** POLICY AND PROGRAM DEVELOPMENT OFFICE

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**TO:** Custodian of Med-QUEST Division Medicaid State Plan

**FROM:** Judy Mohr Peterson, PhD   
Med-QUEST Division Administrator

**SUBJECT:** APPROVAL OF AMENDMENT UNDER THE MEDICAID STATE PLAN

**EXPLANATION:**

The State of Hawaii received approval from the Centers for Medicare & Medicaid Services (CMS) for State Plan Amendment (SPA) Number 24-0002 "Diabetes Prevention Program (DPP)" on July 8, 2025, effective July 1, 2024.

This amendment adds coverage of diabetes prevention services as outlined in the Centers for Disease Control and Prevention (CDC) recognized National Diabetes Prevention Program (NDPP). Supplement to Attachment 3.1-A and 3.1-B pg. 4b describes what DPP services are covered and who can provide them. Attachment 4.19-B pg. 1.3 describes the payment methodology for these services.

**FILING INSTRUCTIONS:**

Review and file the new Medicaid State Plan pages in your Medicaid State Plan Manual as follows:

**Supplement to Attachment 3.1-A and 3.1-B**

Remove OLD Supplement to Attachment 3.1-A and 3.1-B pg. 4b.

Replace with NEW Supplement to Attachment 3.1-A and 3.1-B pg. 4b-4c.

**Attachment 4.19-B**

Add NEW Attachment 4.19-B pg. 1.3.

Please keep approved SPA 24-0002 package and supporting documentation for your records.

The Med-QUEST Division amendment described above has been incorporated into the electronic version of the Medicaid State Plan located at the Department of Human Services website link for public transparency below:

<http://humanservices.hawaii.gov/reports/hawaii-medicaid-state-plan/>

#### Attachments

C: Attorney General's Office  
Audit, Quality Control & Research Office/Quality Control Staff  
Clinical Standards Office  
Department of Health/Child & Adolescent Mental Health Division  
Department of Health/State Planning Council Developmental Disabilities  
Department of Health/Developmental Disabilities Division  
Department of Human Services /Adult Protective and Community Services Branch  
Department of Human Services/Policy and Program Development Office  
Eligibility System Project (KOLEA)  
Finance Office  
Hawaii Document Center/HI State Library  
Hawaii Legislative Reference Bureau Library  
Health Care Services Branch  
Legal Aid Society of Hawaii

Members can concurrently receive curative services, and those services are paid separately.

**V. Qualifications of Providers**

Palliative care is provided by healthcare providers that are legally authorized to deliver healthcare services by the State of Hawaii.

Palliative care is provided by a team of healthcare professionals and paraprofessionals with a range of skills to treat individuals with serious illnesses. The credentials and/or criteria for required members of the palliative care team are established by the State. The team members are described in Supplement 4 to Attachment 3.1-A and 3.1-B.

**VI. Freedom of Choice**

The State assures that the provision of community palliative care services will not restrict an individual's free choice of providers in Violation of Section 1902(a) (23) of the Act.

**8. Diabetes Prevention Program (DPP)**

Effective 07/01/2024, Medicaid will cover Diabetes Prevention Program (DPP) services in the delivery mode as outlined in the Centers for Disease Control and Prevention (CDC)-recognized National Diabetes Prevention Program (NDPP). The NDPP is an evidence-based, educational and support program designed to assist at-risk individuals from developing Type 2 diabetes. DPP services are medically necessary services recommended by a physician or other licensed practitioner of the healing arts to prevent or delay the onset of Type 2 diabetes for beneficiaries with indications of pre-diabetes in accordance with 42. CFR 440.130(c).

DPP services provide a variety of behavioral and nutritional interventions identified under evidence-based and/or nationally recognized organizations specializing in disease control and prevention.

Medically necessary DPP services are provided on a regular, periodic, or ongoing basis based upon individual measurable outcomes over the course of one year. Individuals are eligible for additional ongoing maintenance sessions on an annual basis based on measurable outcomes and medical necessity criteria. DPP service sessions are individual or group settings and include:

- Nutritional and behavioral counseling
- Physical and fitness assessments and counseling

A DPP service provider must be an organization enrolled in Hawaii Medicaid (HOKU) and obtain full recognition from the Centers for Disease Control and Prevention (CDC) for DPP. DPP services providers use Lifestyle Coaches to deliver DPP services.

Lifestyle Coaches may be

- A physician,
- Licensed non-physician practitioner such as registered nurses, registered dietitians, or
- An unlicensed person who has received formal training on CDC-approved curriculum and is recognized as having met the NDPP requirements specified in the CDC's Diabetes Prevention Recognition Program (DPRP) standards and guidelines.

For DPP services rendered by unlicensed Lifestyle Coaches, the licensed supervising Medicaid provider shall assume professional liability and ensure services are rendered within scope of practice in accordance of State law.

Comparable services may be provided to children under the age of 21, pursuant to EPSDT.

- 13d. Rehabilitation services, except as otherwise provided under this subpart, includes any medical and remedial services recommended by a physician or licensed practitioner of the healing arts, within their scope of practice under State law, for maximum reduction of physical or mental disability and restoration of a beneficiary to their best possible functional level.

TN No. 24-0002  
Supersedes  
TN No. NEW

Approval Date: July 7, 2025

Effective Date: July 1, 2024

(1) Diabetes Prevention Services

Effective 02/01/2024, the Medicaid rate for National Diabetes Prevention Program (NDPP) services will be in accordance with the Hawaii Medicaid Fee Schedule.

The Hawaii Medicaid Fee schedule is located at  
<https://medquest.hawaii.gov/en/plans-providers/fee-for-service/fee-schedules.html>.

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