

**STATE OF HAWAII
DEPARTMENT OF HUMAN SERVICES
MED-QUEST DIVISION**

PUBLIC NOTICE

Pursuant to 42 C.F.R. §447.205, the Department of Human Services (DHS), Med-QUEST Division (MQD) hereby notifies the public that MQD intends to submit a State Plan Amendment (SPA) to the Centers for Medicare and Medicaid Services (CMS).

Hawaii intends to cover diabetes prevention services as outlined in the Centers for Disease Control and Prevention (CDC) recognized National Diabetes Prevention Program (NDPP) effective July 1, 2024. The NDPP is an evidence-based, educational and support program designed to assist at-risk individuals from developing Type 2 diabetes. Diabetes services are provided as a preventive service pursuant to 42 C.F.R. Section 440.130(c) and must be recommended by a physician or other licensed practitioner of the healing arts within their scope of practice under state law to prevent diabetes, prolong life, and promote the physical and mental health of the beneficiary.

Hawaii MQD is submitting SPA 24-0002 to describe the Diabetes Prevention Program services and payment methodology. The description of the program services and coverage are located in Supplement to Attachment 3.1-A and 3.1-B pg. 4b-4c. The payment methodology is described in Attachment 4.19-B pg. 1.2.

Under Provisions of federal law, the state is required to issue public notice of proposed changes in statewide methods and standards for setting Medicaid payment rates. This SPA is expected to have minimal effect on the annual aggregate expenditures in Hawaii to.

A printed copy of the proposed changes and special accommodations (i.e., interpreter, large print or taped materials) can be arranged if requested by contacting the Policy and Program Development Office at (808) 692-8058 no later than seven (7) working days before the comment period ends.

Comments should be received **within 30 days** from the time this notice is posted. Individuals may submit written comments using the following methods:

By email: PPDO@dhs.hawaii.gov (Please identify in the subject line: State Plan Amendment 24-0002)

By mail:
Department of Human Services
Med-QUEST Division
Attention: Policy and Program Development Office
P.O Box 700190
Kapolei, Hawaii 96709

DEPARTMENT OF HUMAN SERVICES, MED-QUEST DIVISION
JUDY MOHR PETERSON, PhD
MED-QUEST DIVISION ADMINISTRATOR

(1) Diabetes Prevention Services

Effective 02/01/2024, the Medicaid rate for National Diabetes Prevention Program (NDPP) services will be in accordance with the Hawaii Medicaid Fee Schedule.

The Hawaii Medicaid Fee schedule is located at <https://medquest.hawaii.gov/en/plans-providers/fee-for-service/fee-schedules.html>.

TN No. 24-0002
Supersedes
TN No. NEW

Approval Date: _____ **Effective Date:** 07/01/2024

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Members can concurrently receive curative services, and those services are paid separately.

A. Qualifications of Providers

Palliative care is provided by healthcare providers that are legally authorized to deliver healthcare services by the State of Hawaii.

Palliative care is provided by a team of healthcare professionals and paraprofessionals with a range of skills to treat individuals with serious illnesses. The credentials and/or criteria for required members of the palliative care team are established by the State. The team members are described in Supplement 4 to Attachment 3.1-A and 3.1-B

B. Freedom of Choice

The State assures that the provision of community palliative care services will not restrict an individual's free choice of providers in Violation of Section 1902(a) (23) of the Act.

8. Diabetes Prevention Program

Effective 07/01/2024, Medicaid will cover diabetes prevention services in the delivery mode as outlined in the Centers for Disease Control and Prevention (CDC)-recognized National Diabetes Prevention Program (NDPP). The NDPP is an evidence-based, educational and support program designed to assist at-risk individuals from developing Type 2 diabetes. Diabetes services are provided as a preventive service pursuant to 42 C.F.R Section 440.130(c), and must be recommended by a physician or other licensed practitioner of the healing arts within their scope of practice under state law to prevent diabetes, prolong life, and promote the physical and mental health of the beneficiary.

The CDC grants NDPP recognition only to organizational entities in the delivery modes that are recognized (i.e. in-person, online). Therefore, only organizations that have achieved CDC's Full or Preliminary recognition status can be enrolled in Medicaid as an NDPP provider. Individuals who wish to participate in the Medicaid NDPP program may do so as a trained "Lifestyle Coach" once they meet the standards and guidelines specified in the CDC's Diabetes Prevention Recognition Program (DPRP). Only the organizations that are enrolled in Medicaid as NDPP providers may bill for NDPP services. The CDC-recognized organization will supervise Lifestyle Coaches and must ensure that the individual Lifestyle Coaches providing NDPP services on behalf of the organization have been formally trained and have complied with the requirements outlined by the CDC.

A Lifestyle Coach may be a physician, non-physician practitioner, or an unlicensed person who has received formal training on CDC-approved curriculum and is recognized as having met the NDPP requirements specified in the CDC's Diabetes Prevention Recognition Program (DPRP) standards and guidelines.

Lifestyle Coaches will work with Medicaid members to provide them with a culturally appropriate practical understanding of the positive impacts of healthier, sustained dietary habits; increased physical activity; behavior change strategies for weight control; and will offer at a minimum the following services with the goal being to prevent Type 2 diabetes:

- Counseling related to long-term dietary changes, increased physical activity, and behavior change strategies for weight control; and
- Counseling and skill building to facilitate the knowledge, skill, and ability necessary to prevent the onset of Type 2 diabetes.
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Comparable services may be provided to children under the age of 21, pursuant to EPSDT.

13d. Rehabilitation services, except as otherwise provided under this subpart, includes any medical and remedial services recommended by a physician or licensed practitioner of the healing arts, within their scope of practice under State law, for maximum reduction of physical or mental disability and restoration of a beneficiary to their best possible functional level.

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