

The MFP Rebalancing Demonstration: Status as of the end of 2015

**Presentation at the 2016 National HCBS Conference Intensive:
Money Follows the Person (MFP) Rebalancing Demonstration
Washington, DC**

August 29, 2016

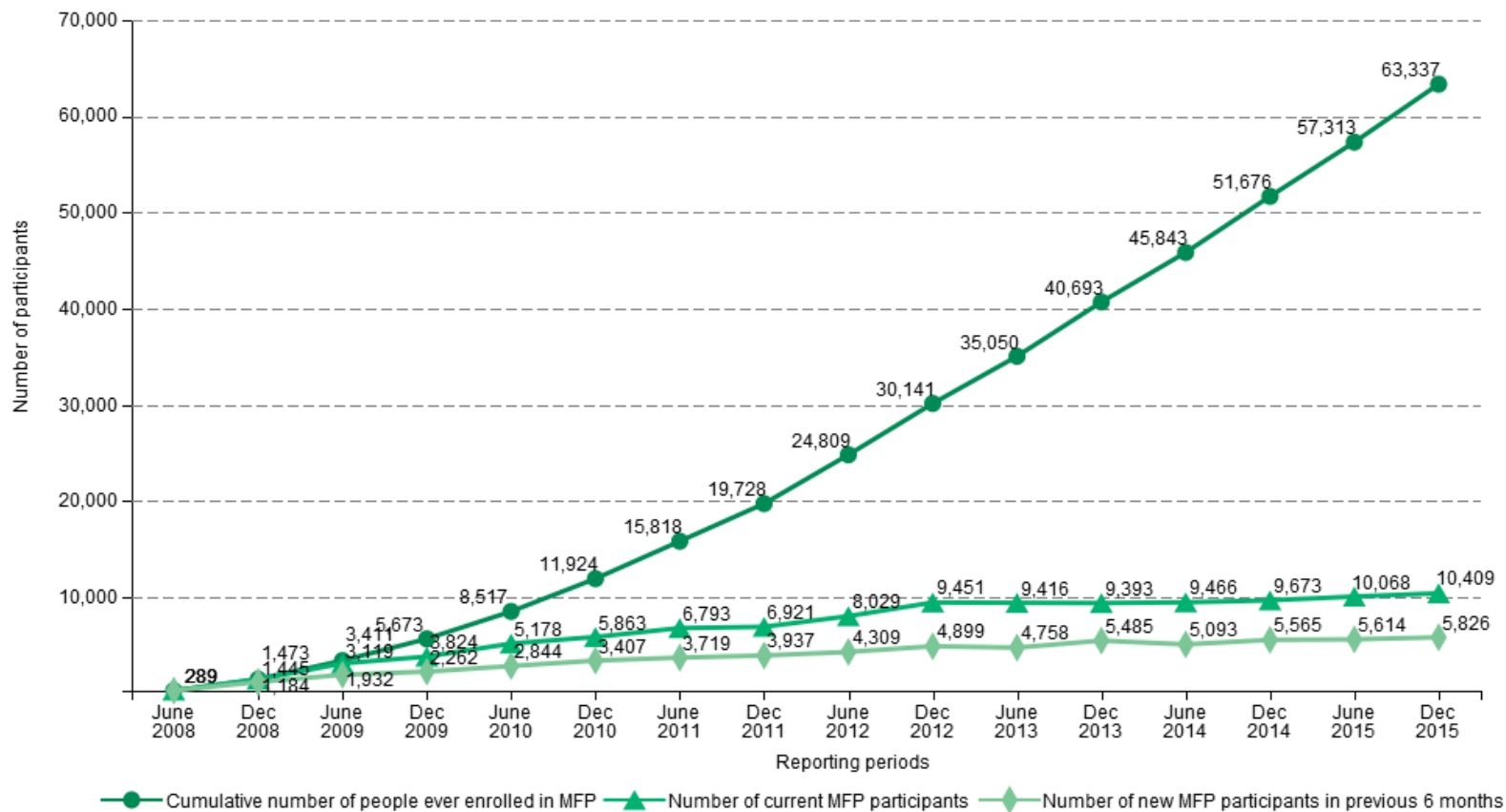
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Overview of State Grantee Progress

- **Transitions**
- **Expenditures on community-based long-term services and supports (LTSS)**
- **Rebalancing funds**
- **Other areas of progress**
 - Rates of reinstitutionalization
 - Self direction
 - Employment supports
 - Housing supports

Transitions

Transitioned More than 63,000 Beneficiaries by the End of 2015



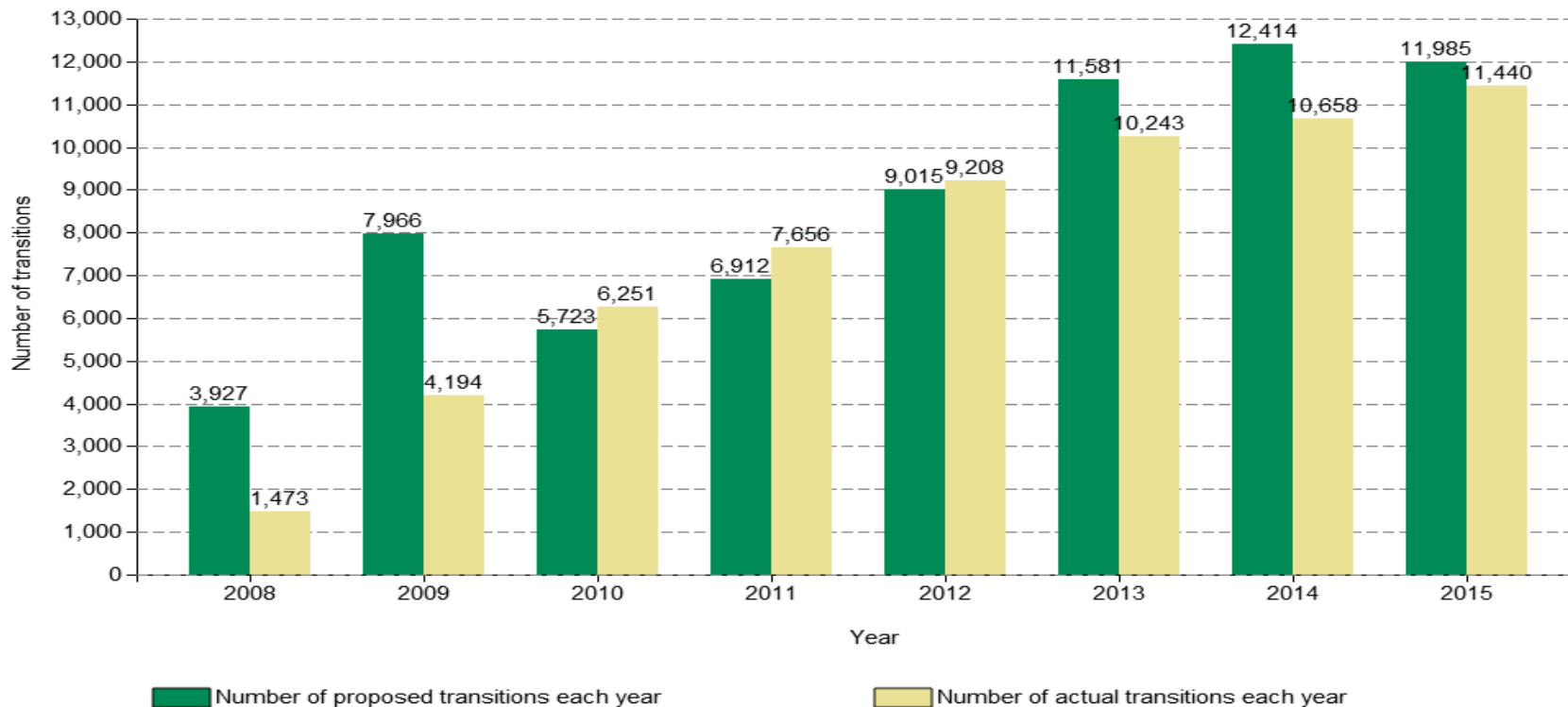
Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports, 2008-2015.

The Volume of Transitions Continues to Grow

- Annual transitions have exceeded 10,000 each year since 2013
- Calendar year 2015
 - First time the annual volume of transitions exceeded 11,000 Medicaid beneficiaries
 - Two state grantees transitioned more than 1,000 people—Ohio (1,658) and Texas (1,038)—accounting for 24 percent of all MFP transitions during the year
 - Four state grantees transitioned more than 500 people—Washington (964), Connecticut (750), Illinois (641), and Massachusetts (549)—accounting for 25 percent of all MFP transitions during the year

Mixed History in Predicting Volume of Transitions

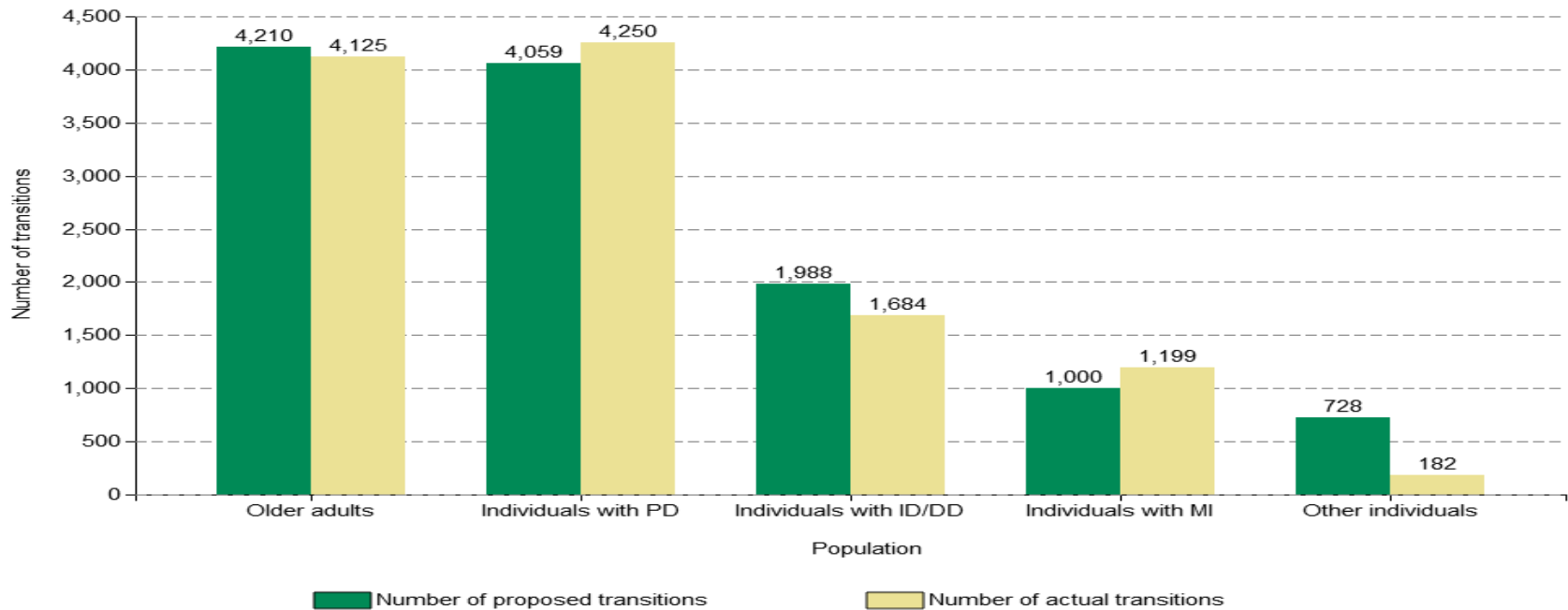
Proposed Versus Actual Number for MFP Transitions



Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports, 2008-2015.

For 2015, Over Predicted Transitions for Some Groups and Under Predicted for Others

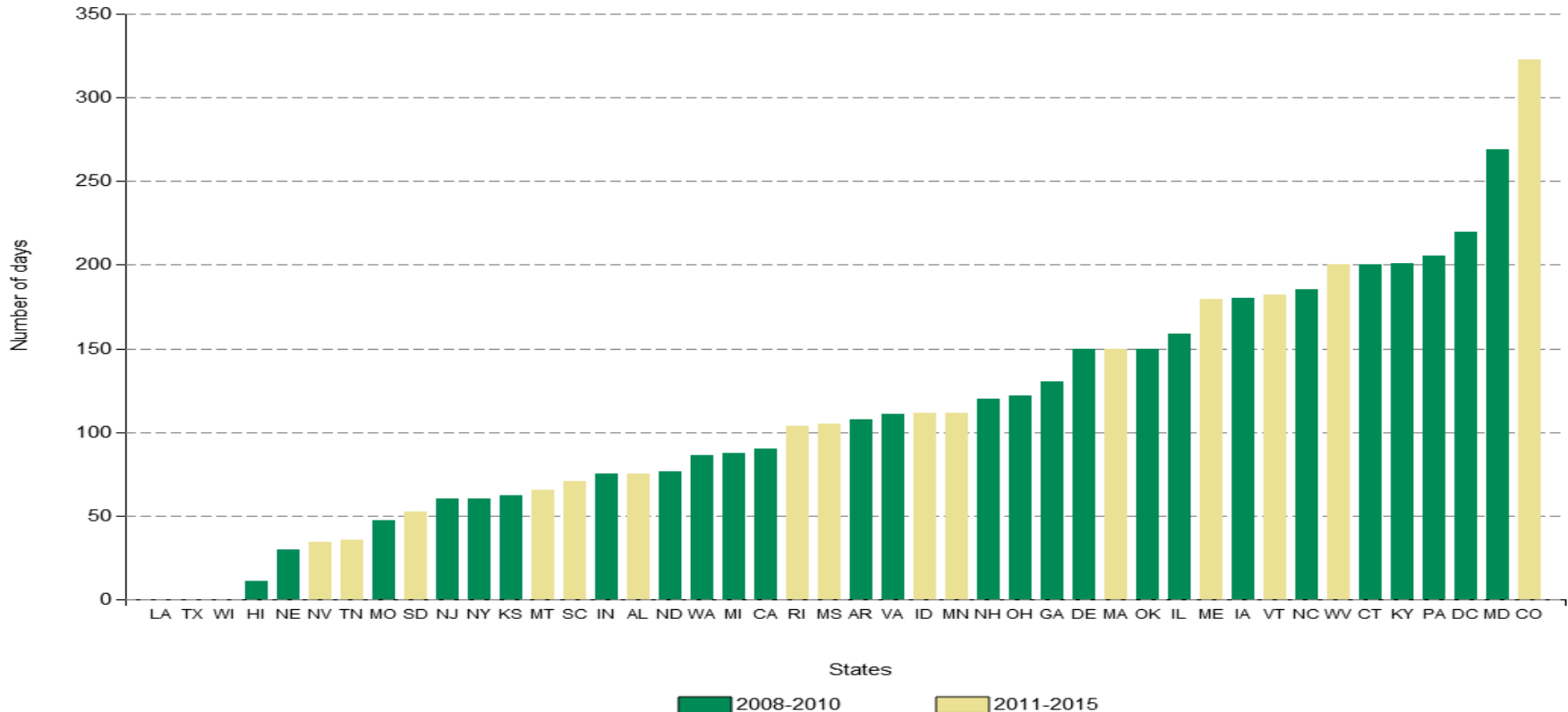
Progress Toward 2015 Transition Goals by Targeted Population



Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.

Challenging to Predict Length of Time from Initial Assessment to Transition

Average Number of Days From Time of Initial Assessment to Actual Transition

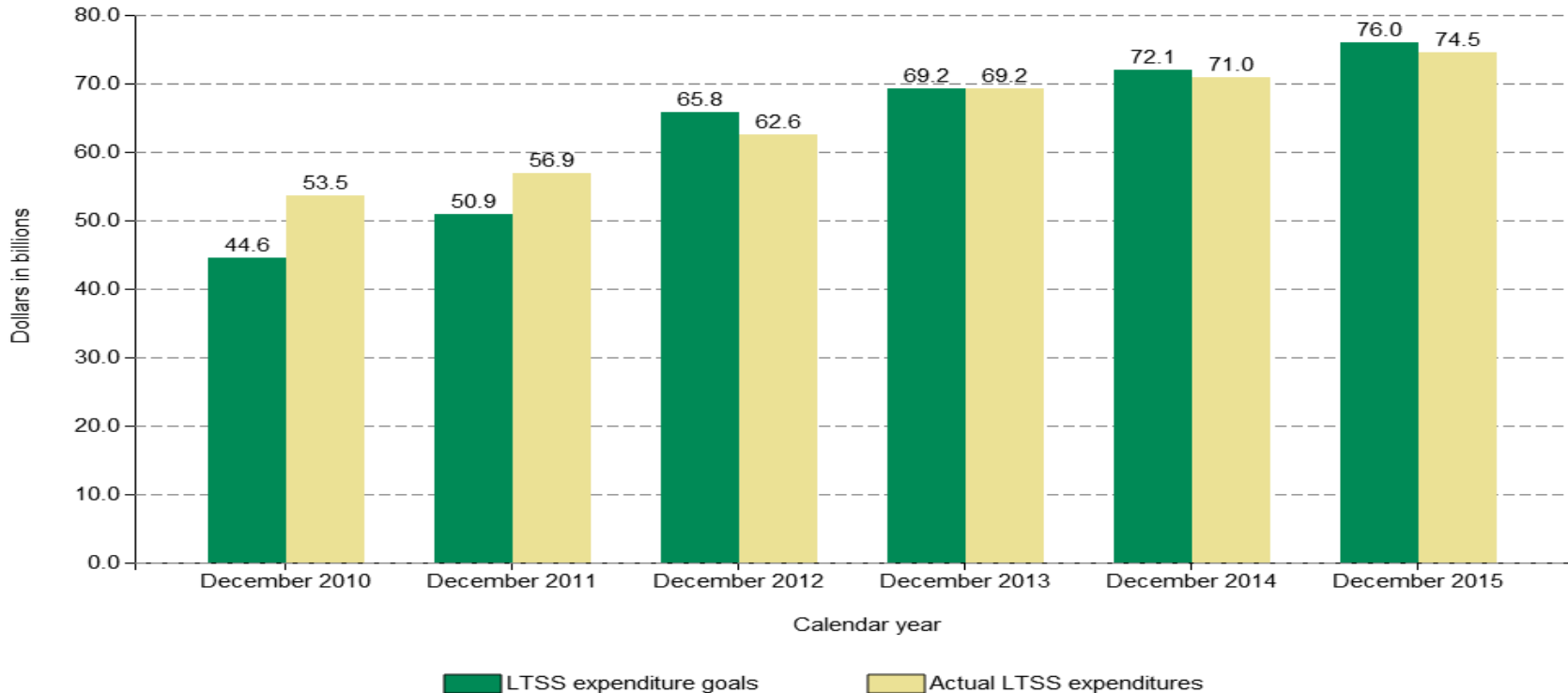


Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.

Expenditures on Community-Based LTSS

History of Achieving Expenditure Goals

Projected Versus Actual Community-Based LTSS Expenditures

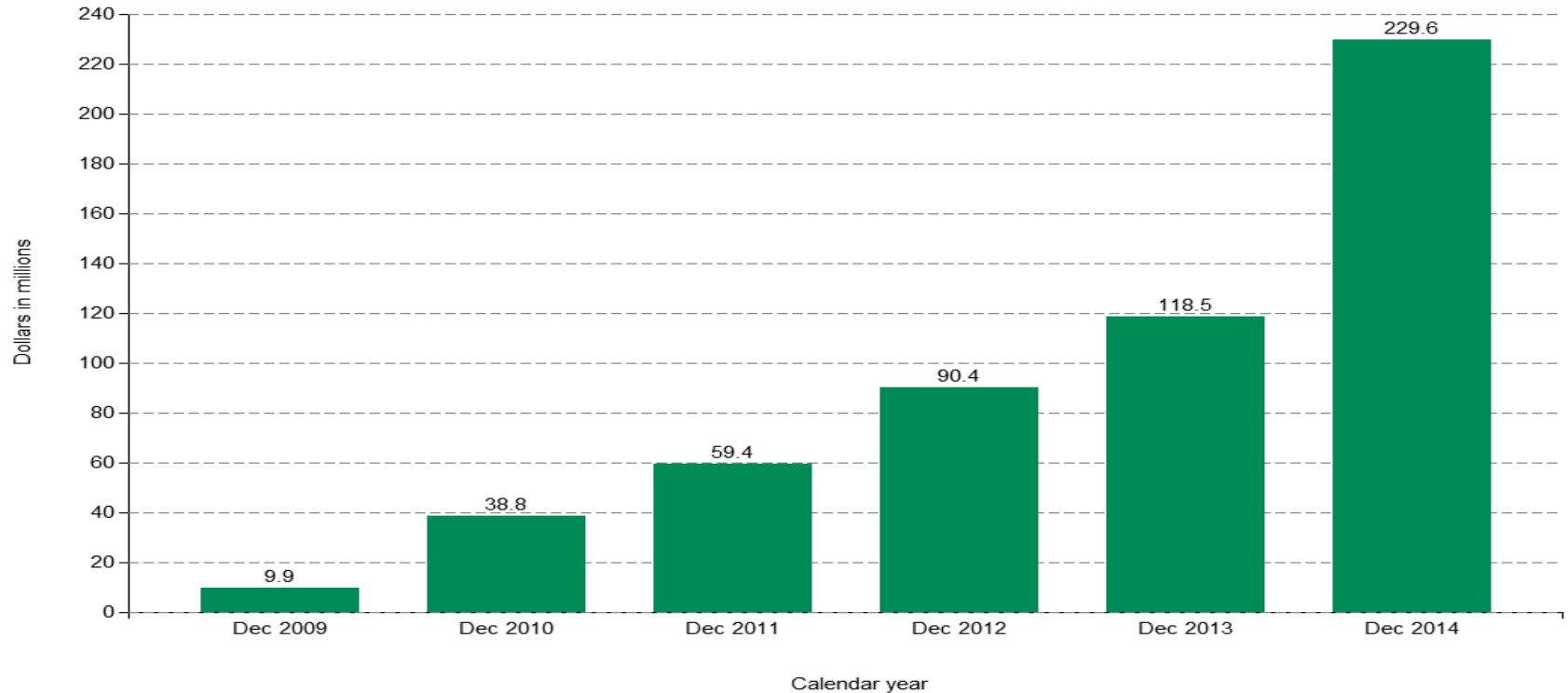


Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports, 2010-2015.

Rebalancing Funds

Expenditures from MFP Rebalancing Funds Grew Substantially from 2013 to 2014

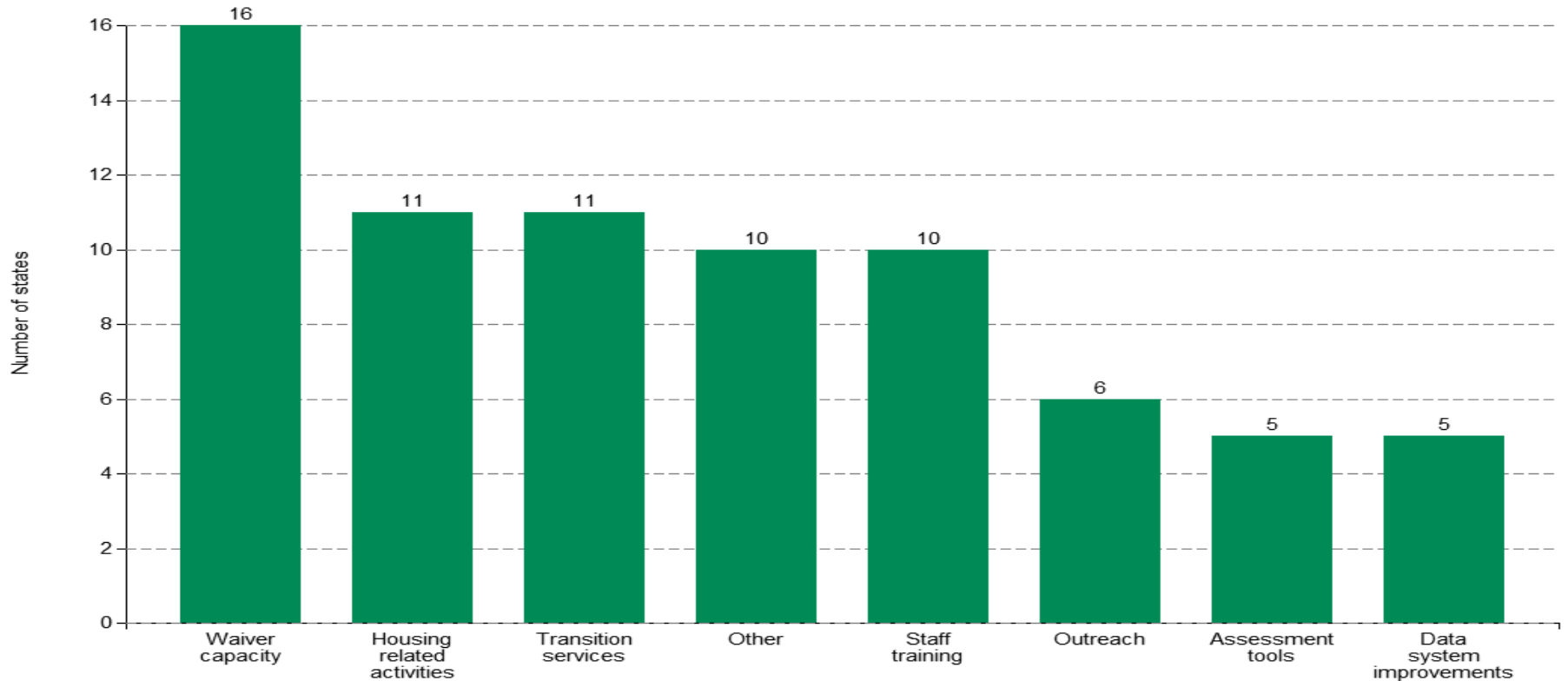
Cumulative Expenditures of State Rebalancing Funds



Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports, 2010-2015.

MFP Rebalancing Funds Most Commonly Used to Expand Waiver Capacity

Types of Rebalancing Initiatives in 2014

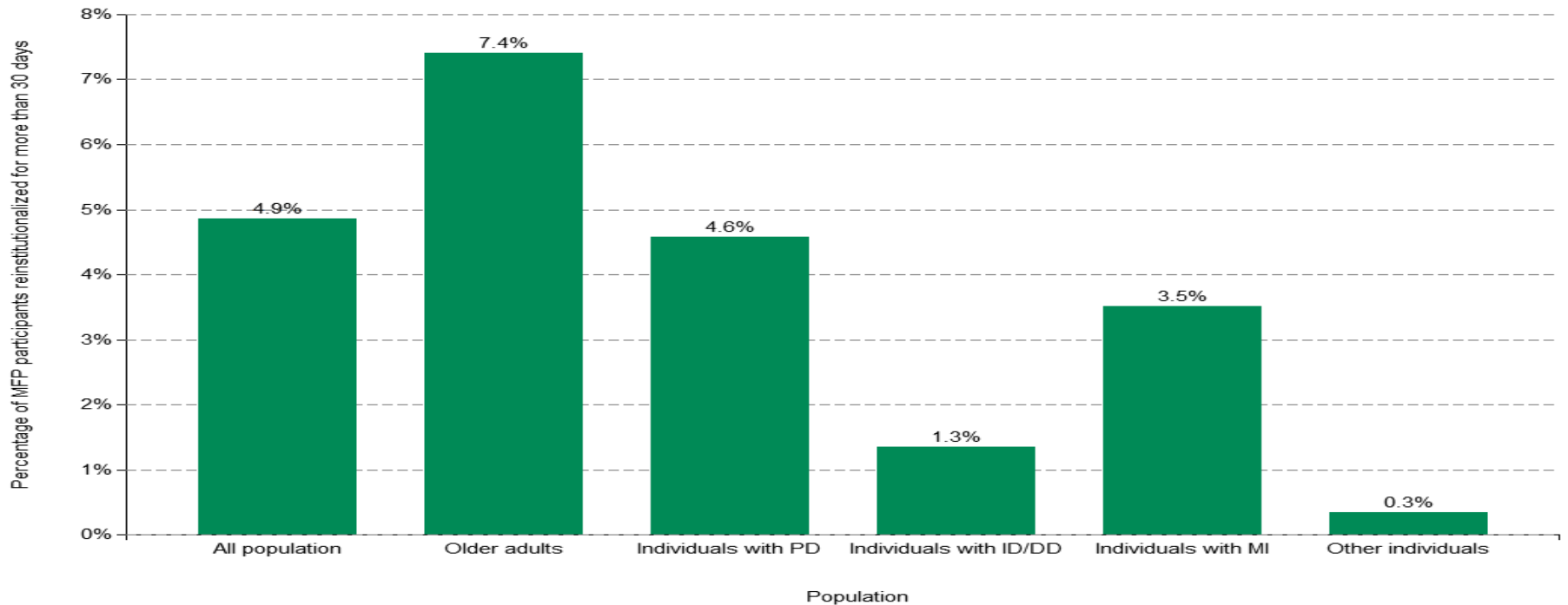


Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.

Other Areas of Progress

Reinstitutionalization Rates Remain Low

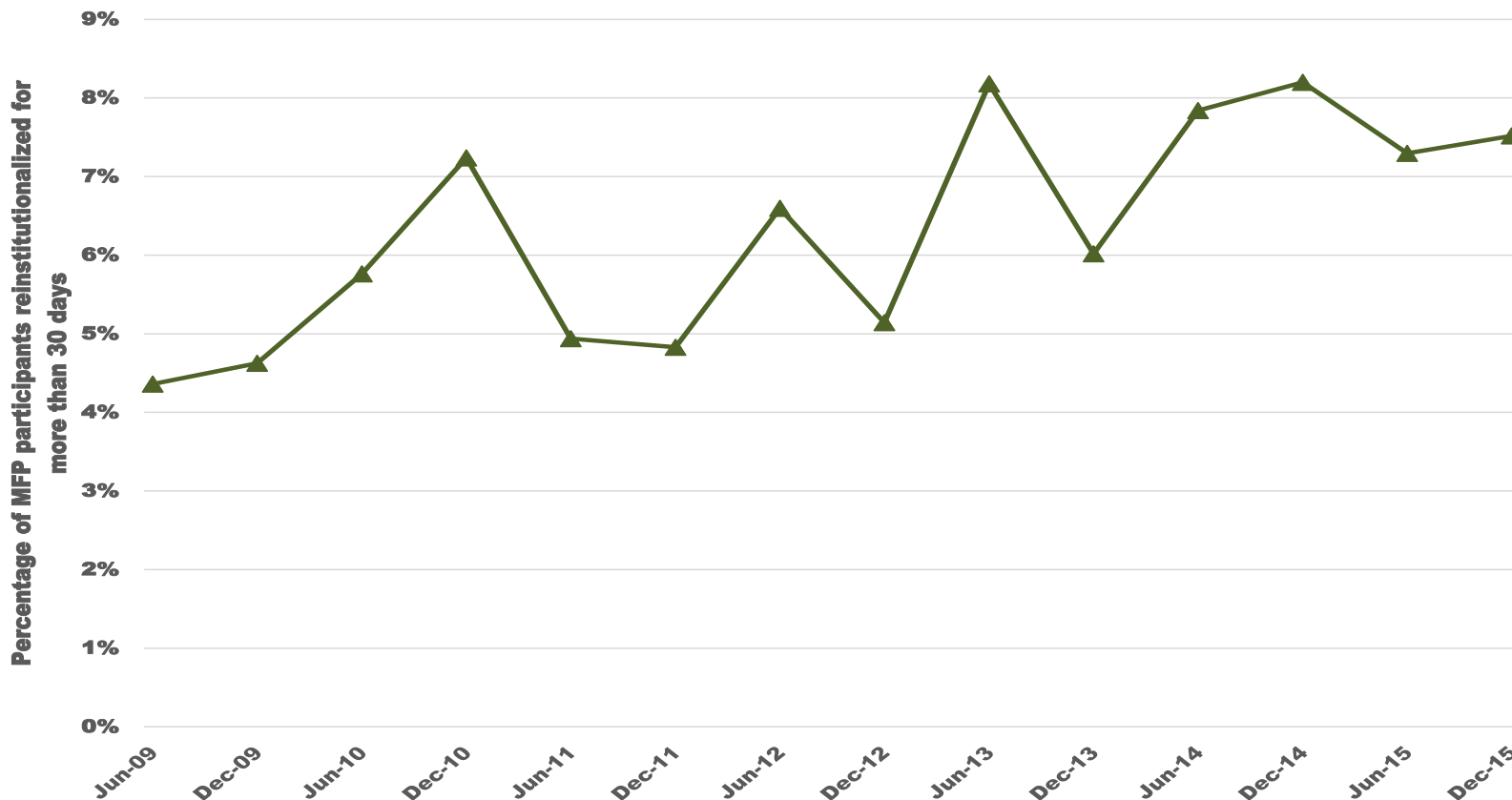
Percentage of Participants Reinstitutionalized for More than 30 Days



Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.

Reinstitutionalization Rates Slowly Increasing for Older Adult MFP Participants

Percentage of Older Adults Reinstitutionalized for More Than 30 Days



Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports, 2009-2015.

Self Direction Commonly Offered, But Not Particularly Popular

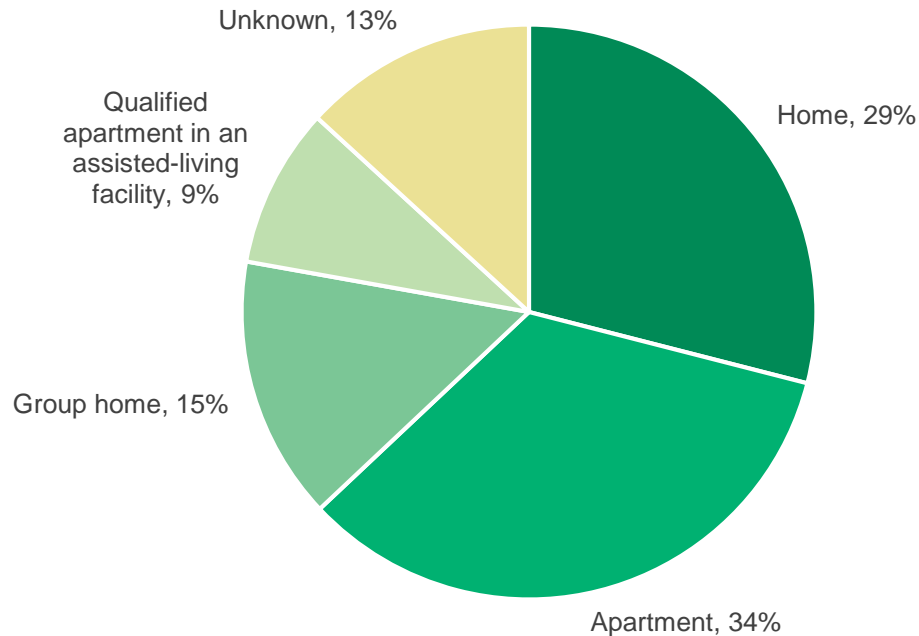
- **39 grantee states offer self direction to MFP participants**
 - **Approximately 24 percent of MFP participants were self directing at the end of 2015**
 - **In three grantee states, more than half self direct**
 - **Of those self directing**
 - 73 percent manage an allowance or budget
 - 40 percent hire or supervise their own personal assistants

Many Grantees Building Employment Supports

- **In 2015, 30 grantee states provided at least one kind of employment service or support**
 - Job coaching (17 grantees)
 - Budgeting and management of personal finances (12 grantees)
- **More than half reported progress on partnering with state employment agencies**
 - Multiagency working groups to address employment for people with disabilities
 - Cross-agency awareness training
 - Shared enrollment information to determine eligibility for services

Grantees Help Secure the Full Range of Housing Options

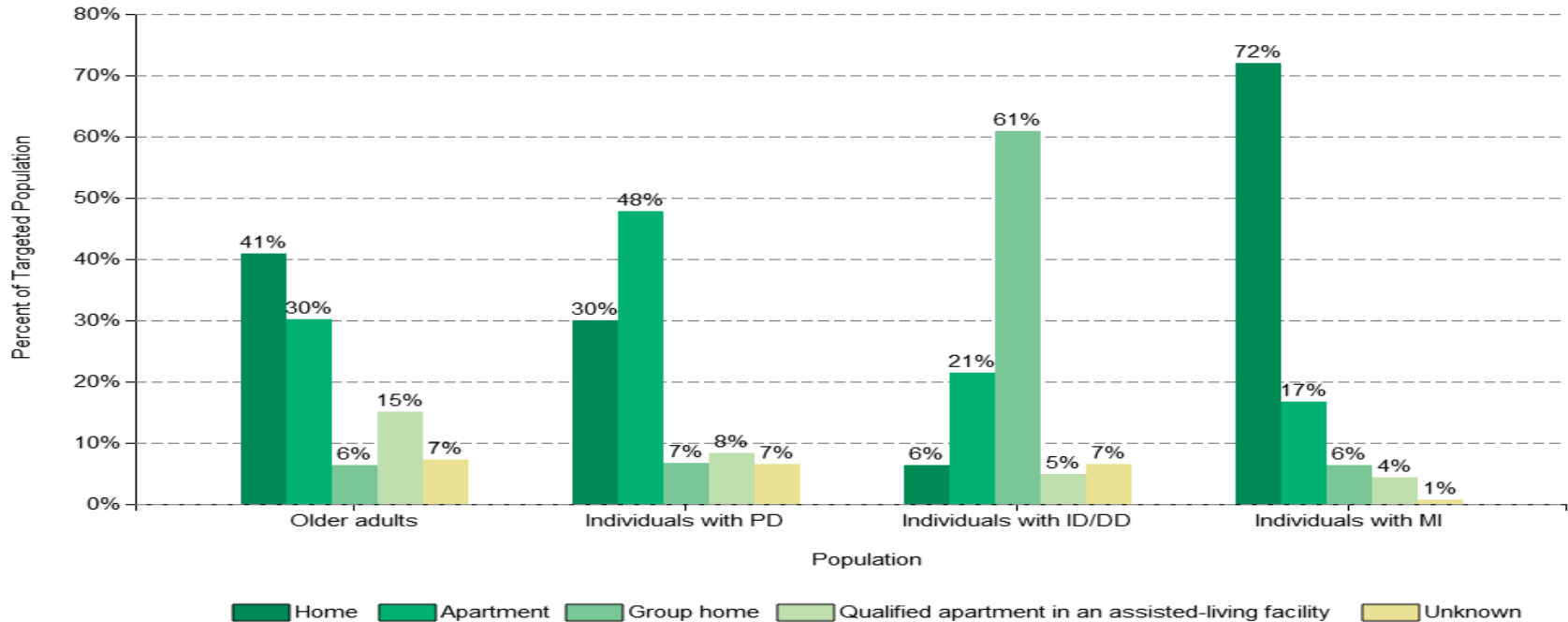
Percentage of New MFP Participants Who Transitioned to Each Type of Qualified Residence



Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.

Different Target Populations Move to Different Types of Housing

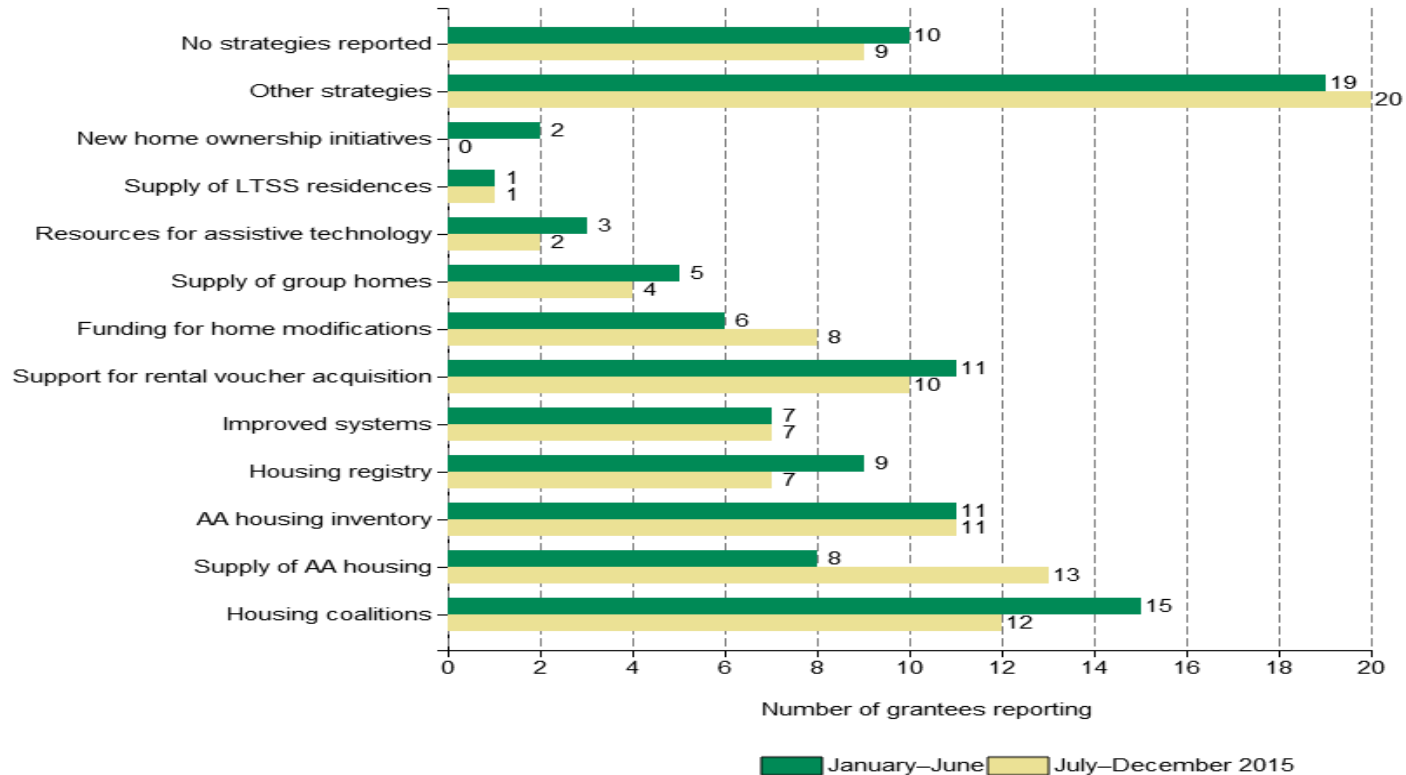
Types of Qualifying Housing by Target Population



Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.

Grantees Pursuing a Wide Range of Strategies to Address the Housing Challenge

Strategies Used to Improve Housing Options



Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.

Summary

- **Calendar year 2015**
 - Eighth year of the MFP demonstration
 - Majority of the 44 grantee states have reached maturity
 - Hit a new level of transitions
- **Trends seen in the data**
 - Hitting expenditure goals, but still need to work on predicting volume of transitions
 - Most transitions are successful, but reinstitutionalization rates trending upward for some targeted populations
 - Working on hard on housing and continue to implement new housing initiatives

For More Information

- **CMS**

- **Effie George**

- Effie.George@cms.hhs.gov

- **CMS MFP website**

- <http://www.medicaid.gov/medicaid-chip-program-information/by-topics/long-term-services-and-supports/balancing/money-follows-the-person.html>

- **Mathematica**

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- **Mathematica MFP website**

- <http://www.disabilitypolicyresearch.org/our-publications-and-findings/projects/research-and-evaluation-of-the-money-follows-the-person-mfp-demonstration-grants>